

When a stroke impacts you or your family, choosing where to recover is a critical decision. For over 70 years, REHAB Hospital of the Pacific (REHAB) has served as Hawaii and the Pacific's only rehabilitation hospital. Our Stroke Center of Excellence provides an expert interdisciplinary team and therapy tailored specifically to the complex challenges of stroke recovery.

Where you go for stroke recovery care truly matters.

Studies consistently show that stroke survivors treated in an Inpatient Rehabilitation Facility like REHAB regain more physical function and are significantly more likely to return home compared to those in Skilled Nursing Facilities—a typical length of stay at REHAB is 2-3 weeks. Our approach goes beyond medical treatment to strengthen the entire support system—including caregivers and families. Through a full continuum of intensive inpatient care, continued outpatient services, and community engagement, we equip patients with the clinical care and resources needed to rebuild their lives and achieve lifelong independence.



"REHAB has amazing equipment, resources and experience, but most importantly, they have the people. **They really cared—and continue to care**—about my recovery, and they have the expertise to support me every step of the way."

Paul Gagne Stroke Survivor

Return to Home/Community Rate Comparison:

REHAB Hospital:
Inpatient-Stroke **79%**

Skilled Nursing Facilities
Overall-National Average ***51%**

*Source: Medicare Payment Advisory Commission (MedPAC) Report to the Congress, 2023-24

What is a Stroke?

A stroke is a life-changing neurological event caused by blocked blood flow or a ruptured vessel in the brain, potentially impairing a person's ability to eat, swallow, walk and talk. Every patient's experience is completely unique, resulting in different degrees of severity and a highly individualized recovery journey.

Stroke Prevalence in Hawaii

According to the Hawaii Department of Health, an average of 3,275 Hawaii residents experience a stroke each year and strokes are the number one cause of chronic disability in Hawaii.



Why Choose REHAB's Stroke Center of Excellence

400+ Stroke Inpatients Served Annually

REHAB provides intensive inpatient rehabilitation to over 400 patients recovering from stroke every year, as well as continued outpatient services and integrated community engagement.

Integrated Community Engagement

Stroke care extends beyond inpatient and outpatient care. Vital resources like our Stroke Support Group, Adaptive Sports, Creative Arts and our REHAB Strong programs play an important role in ongoing recovery.

Stroke Specialists

We provide an exceptional multidisciplinary team—including physiatrists (rehabilitation doctors), neurological and stroke certified nurses and therapists, and dietitians—specializing in stroke care.

Advanced Technology

REHAB's Stroke Center of Excellence has invested in a variety of state-of-the-art technology to help accelerate stroke recovery.



Next Generation

REHAB offers internships for students pursuing careers in nursing and physical, occupational and speech therapy.

Locations

REHAB Hospital of the Pacific

82-Bed Inpatient Hospital

Specialty Outpatient Clinics

REHAB at Nuuanu
REHAB at Hilo
REHAB's Physicians Clinic (Nuuanu)

Learn more

Contact us at
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or 808.566.3741