



REHAB FOUNDATION
Supporting the Rehabilitation Hospital of the Pacific

Stories of moving forward from the REHAB Foundation

REACH

WINTER 2016

nette W
urtyard

MOVING FORWARD TOGETHER

How the Julian family turned a devastating loss into a lifetime of impact | p. 4



REACH

Winter 2016
Vol. 1, No. 1

This newsletter is published semi-annually by the REHAB Foundation for the purpose of informing and inspiring our generous community. These stories are made possible by conversations with our REHAB 'ohana and we welcome the opportunity to share your story.

Contact Us
foundation@rehabhospital.org
808.566.3451
rehabhospital.org/foundation

@RehabHospitalPacific
@rehabhospital
@rehabhospital

Would you prefer to receive this newsletter electronically?



Send us your email address at foundation@rehabhospital.org and we will add you to our list.

REACH, Winter 2016, Vol. 1, No. 1, is published semiannually by Rehabilitation Hospital of the Pacific Foundation located at 226 N Kuakini St., Honolulu HI 96817.



MESSAGE TO THE REHAB 'OHANA

FROM MICHAEL W. PERRY

The world is in a constant state of change. Whether it's technology, medicine, rehabilitative services or people's lives, nothing stays the same for long. Through it all, we reach beyond what we may think is possible, embrace life's challenges and the promise of the future to continue moving forward.

Donors like you have made it possible for REHAB to provide exceptional rehabilitative care for generations. Your generosity, combined with the expertise of our caring staff, has helped thousands of patients rebuild their lives and move forward after significant challenges.

As our dedicated staff helps our patients regain their independence each day, this newly named and redesigned newsletter will share stories about the profound impact of your generosity. REACH will capture the passion, perseverance and drive inherent in these people and their stories. As we continue to embrace the changes in our lives, I know that you will be as inspired as I am by the amazing work and people of REHAB.

Michael W. Perry
Chairman, REHAB Foundation

REHAB'S NEW FACE OF FUNDRAISING



Stacey Acma shares her philosophy as the REHAB Foundation's new executive director

How would you describe your role leading the REHAB Foundation?

Leading a foundation goes beyond the day-to-day operations. I have a responsibility to every donor, regardless of the donation amount, to ensure their gift will make an impact in the lives of our patients and the community as a whole.

What is your fundraising philosophy for REHAB?

We want donors to know they support an organization operating in the most efficient and transparent way. It is important that donors understand why we need support and how their giving helps us achieve goals for today and tomorrow.

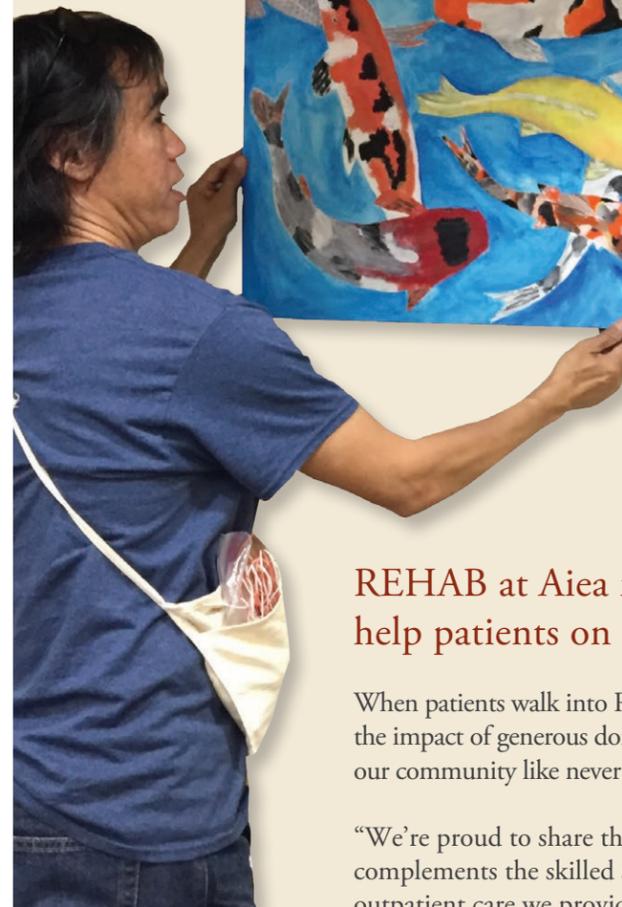
What is the biggest opportunity for REHAB moving forward?

The needs for our specialized services are growing faster than ever. I think providing a better understanding of the impact REHAB has on patients and the community is our biggest opportunity. REHAB is the only acute-rehabilitation hospital in the state, so donors can confidently understand that 100 percent of every gift stays local, because for many patients, traveling 3,000 miles to the mainland is not an option.

What surprised you most about REHAB?

REHAB, like fundraising, is all about the people. After many years in health care fundraising I've found that the act of sharing these inspirational stories has touched my life in immeasurable ways. Since being here, I found a family of caregivers, volunteers and patients who share the same passion as me and are committed to working toward the magic of healing together.

EXPANDING OUR REACH



Harmony, the painting that hangs in the REHAB at Aiea lobby, embodies the sense of 'ohana and community that REHAB provides to each individual regardless of diagnosis or background. Created in June by 15 patient artists, the collaborative mural represents the power of teamwork and gives clinic visitors a sense of peace.

REHAB at Aiea improvements help patients on Oahu's west side

When patients walk into REHAB at Aiea, they feel the impact of generous donations and the support of our community like never before.

"We're proud to share that our revamped clinic complements the skilled staff and customized outpatient care we provide to support patients that are rebuilding their lives at REHAB," said Outpatient Clinic Manager Gwen Ing, who's been with REHAB for over 25 years.

Since its inception, REHAB at Aiea has provided exceptional outpatient rehabilitation service to Leeward Oahu's community. This summer, clinic staff, patients and generous donors gathered to bless the newly improved facility located at the Pearlridge Center.

The enhancements give the facility more than a new look, new equipment and upgraded technologies. The thoughtful design focuses on the specialized treatment needs of patients, offering a more comfortable environment to promote healing and a more effective use of space.

"REHAB outpatient programs are an extension of our specialized rehabilitation services located where our patients live. Each clinic offers the full spectrum of physical, occupational and speech therapy services with highly experienced therapists who work one-on-one with patients, using state-of-the-art technology for individualized treatments as part of providing a continuum of care for our patients," said Susan Gabriel, assistant vice president of Outpatient Services.

Many generous donations supported REHAB in its effort to help the facility serve even more patients moving forward. Improvements were made possible in part by the generous support of many former patients and longtime donors like Chuck and Mariko McLemore and the Jerry James Bigansky Fund.



The REHAB at Aiea team celebrates the clinic renovations.

MOVING FORWARD TOGETHER

One family's tragedy leads to a lifetime of impact



Paralyzed from the age of 14, Richard Julian has lived a life that many people can only dream of. On the 30th anniversary of the accident that changed his family forever, he looked back on the bond he's formed with REHAB, and how it has served as the foundation of his accomplished life.

"Many of my friends are from REHAB, I met my wife volunteering at REHAB, the way I have evolved as a person is from REHAB," Richard said. "They know what emotional, physical and spiritual things a patient is heading into and the challenges you will face, which helped me accomplish so much after my injury."

During summer vacation in 1986, Richard and his sister, Dawn Marie Julian, were walking with Elizabeth Thompson, a close friend, when they were tragically struck by a drunk driver. Richard was thrown 30 feet into a neighbor's lawn, shattering his right leg and rupturing his heart.

After multiple procedures, including open-heart surgery and extensive operations on his legs, Richard woke up 10 days later to find himself in intensive care. There he learned that he was the only survivor from the accident, as his sister and friend were killed instantly.

"It was a hard and trying time for our family, and it's still hard to talk about 30 years later," Richard said. "People see that I am in a wheelchair and have a beautiful family and have lived a great life, but it is hard to lose your sister, your friend and your legs at the age of 14."

After his surgeries, Richard came to REHAB for extensive rehabilitation therapies to relearn everything he had ever known.

"Being paralyzed from the waist down as a teenager, you don't have many life experiences to compare to, initially I didn't realize the scope of it all," Richard recalled. "I had so many years ahead of me, years that my sister didn't have, so I had to make the most of it. REHAB therapists helped me realize that I could rebuild my life and be prepared for what the future held for me."

The Julian family and those who supported them are very grateful for the care Richard received. In 1988, on the day that would have been Dawn Marie's 18th birthday, the law firms who represented the Julian family made a gift to REHAB in her memory. Their generosity is marked with a plaque honoring Dawn Marie that hangs in REHAB at Aiea to this day.

"He turned tragedy into a lifetime of giving back and improving the world for others as a volunteer, community leader and father."

- Katie Julian, REHAB recreational therapist and wife of Richard Julian

Richard started to excel athletically at the age of 16. He left Hawaii to play professional wheelchair tennis for 15 years, traveling the world and breaking barriers for paralyzed athletes. When he retired and returned home to Hawaii, he applied his life experiences toward advocating for ocean programs for anyone with a disability, founding his own nonprofit organization, and returning to REHAB as a peer mentor.

"My mentor, Frank Tovolau, taught me how to play tennis, crawl from my chair into the ocean, and navigate the world. My relationship with him taught me about life after tragedy," Richard said. "I volunteer to make a difference like he did."

The next chapter in Richard's life began when he met his future wife, who led the REHAB volunteer program. After moving to Hawaii in 2004 as a therapist specializing in spinal cord injuries, Katie Church Julian formed an instant bond with Richard, who was known as REHAB's most energetic volunteer.

The mutual respect and friendship grew into a lifelong commitment when they were married in 2013. Richard's family quickly grew to include his guide dog Emma, his wife Katie, her son Cameron and Angel, REHAB's facility dog that Katie cares for. Their latest addition came two years later when Richard and Katie's first child, Malia, was born.

"He turned tragedy into a lifetime of giving back and improving the world for others as a volunteer, community leader and father," Katie said. "These stories hit home when



As a recreational therapist, Katie works with patients on everyday skills to help increase their independence.



The entire Julian family attended the blessing of REHAB at Aiea this summer in honor of Dawn Marie Julian, whose memorial plaque hangs in the renovated lobby.

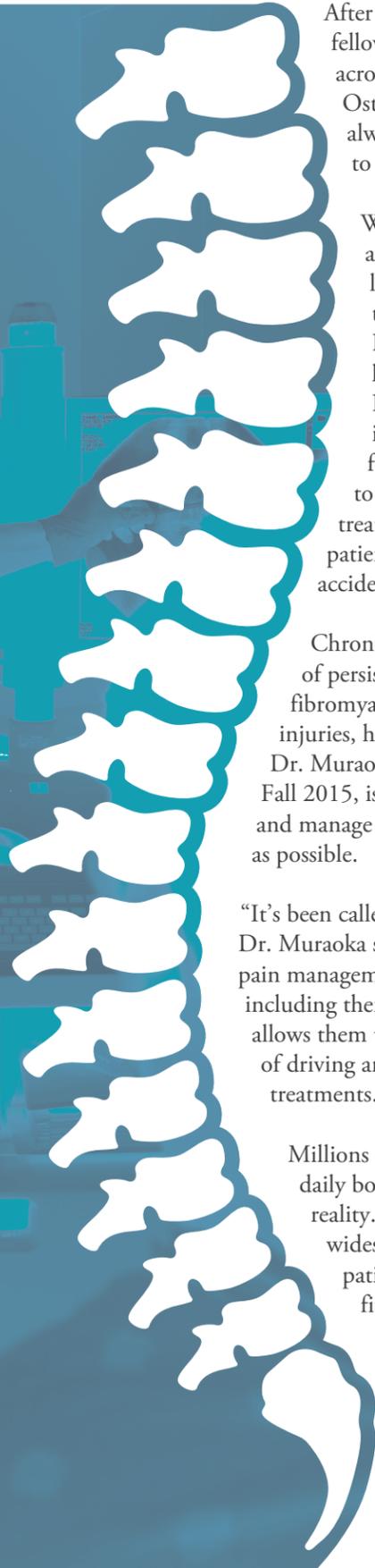
someone you love goes through it. My relationship with him has made me a better therapist and a better person."

In June, the entire Julian family joined the blessing of the newly renovated REHAB at Aiea, which houses Dawn Marie's memorial. The family's bond with REHAB started with Richard's tragic accident, grew into honoring the memory of his sister and, 30 years later, has become even more for the Julians.

"It is great to have REHAB as a constant in our lives as a support system, community and a place where we have learned and shared so much," Richard said. "They help prepare you for what lies ahead, and what lies ahead can be wonderful."

MANAGING YOUR PAIN

Hawaii's only comprehensive pain management program eases the burden of chronic pain



After multiple residencies and fellowships in rehabilitation hospitals across the country, Doctor of Osteopathy (D.O.) Nick Muraoka, always knew he would return home to Hawaii.

When Dr. Muraoka joined REHAB as a Board Certified Pain Physician last summer, he saw an opportunity to establish the first Comprehensive Pain Management Program of its kind in the state. The REHAB Physicians Clinic, which opened in Fall 2014, afforded him the facilities and resources needed to provide a wealth of ongoing treatment options for a variety of patients recovering from injuries, accidents and other conditions.

Chronic pain stems from many forms of persistent pain, including arthritis, fibromyalgia, neurological disorders, spine injuries, headaches and more. The goal of Dr. Muraoka's program, which launched in Fall 2015, is simple: locate, diagnose, treat and manage as many forms of chronic pain as possible.

"It's been called a 'one-stop shop,'" Dr. Muraoka said. "A patient that has all their pain management providers under one roof, including therapy and wellness programs, allows them to focus on getting better instead of driving around town for individual treatments."

Millions of Americans are forced to accept daily bouts with chronic pain as a crippling reality. Despite its common causes and widespread effect on many individuals, patients rarely find the solutions that fit their situation.

"Before this program, the pressure was placed on the patient, which can be overwhelming and potentially dangerous," Dr. Muraoka shared. "We simplify things by offering the physical,

occupational and aquatic therapy ourselves, as well as the acupuncture, massages and psychological support. This is where the future of treatment is because it's all available here at REHAB."

"In my book he gets a five-star rating for his responsiveness," shared REHAB patient Amber Motz after several months of treatment. "Dr. Muraoka recognizes that every patient is also a person. No matter what question I ask him, he always considers my situation and needs."

Dr. Muraoka attributes his program's reputation to the staff's philosophy and optimism.

"From when patients arrive to when they leave, there is an expectation of improvement. At REHAB you're learning skills and doing things that will help you get better and continue to get better," Dr. Muraoka said.

NEW FORMS OF RELIEF

Strong medication like opioids and morphine are often prescribed to patients suffering from chronic pain. However, the long-term side effects and often-complicated treatments limit a person's independence and participation in life. After treating patients that have used



Dr. Muraoka prides himself on helping patients understand the complexities of chronic pain.

painkillers as their only option for decades, Dr. Muraoka recognized the need for direct treatments that can help decrease reliance on types of oral medication that bring unwanted side effects.

"A lot of individuals with chronic pain are still trying to work, so they deal with the stress of work, the stress of the pain, and the stress of possibly not being able to provide for their family, which can further complicate their recovery"

- Dr. Nick Muraoka, D.O.

One device that makes this possible is the C-arm: a high-resolution X-ray that provides real-time images, giving Dr. Muraoka and the Physicians Clinic staff the ability to identify and apply precise pain relief treatments.

With this innovative device, patients can avoid the inconvenience of excessive oral medication and complicated procedures by allowing REHAB to deliver treatment directly to the affected areas. Through incremental and holistic programs, REHAB gives patients better results, quicker recovery, and a more independent lifestyle by addressing the symptoms and stresses of chronic pain.

"Some patients won't have a full recovery, but even if it's just being able walk around the block, that's a powerful step forward for them toward independence," Dr. Muraoka said.

Due to ongoing donor support the program continues to grow with the demand created by the success of Dr. Muraoka's patients. REHAB is planning for an expansion of the Physicians Clinic in 2017, which will provide additional resources to support individuals suffering from chronic pain across the state.



The C-arm helps deliver precise pain relief treatments to different parts of the spine and neck, reducing the need for invasive procedures.

CREATING A LEGACY

*The powerful gift made 50
years later in honor of a father's
commitment to recovery*

Dr. James Kanashiro emigrated from Okinawa to Hawaii at the young age of 14. After working in the sugar cane fields on Kauai for two years, he moved to Oahu to seek a better life.

On Oahu, he joined the household staff of Dr. Arthur Andrews, who later became the first dean of the College of Arts and Sciences of the University of Hawaii. Dr. Andrews recognized the boy's potential and generously sponsored him through high school, Vanderbilt University and the Vanderbilt School of Dentistry. That enabled Dr. Kanashiro to become one of the first Japanese-American dentists in Hawaii, where he established a successful dental practice and built a family with his wife, Michiye and son, David.

That all changed in 1957 when James was suddenly struck by a drunk driver on an early morning drive to his office. Without a seatbelt or airbags at the time, he was thrown against the inside door of the car and

suffered serious injuries, including swelling in the brain that left the right side of his body completely paralyzed.

After two brain surgeries and the placement of a metal plate in his skull, James started an arduous and strenuous series of rehabilitation therapies at REHAB. At first paralyzed and wheelchair bound, James endured daily physical, occupational and speech therapies to relearn everything. Physicians thought he may never regain use of his right side, but James persevered through 21 months of rehabilitative care at REHAB in an effort to regain independence and mobility.

"I was only 9 years old at the time but I remember we would see my dad at REHAB every day after school," James' son David said. "I knew it was hard work for him and REHAB was working to rebuild him. He slowly became more independent as REHAB encouraged him to strive forward toward doing what he loved again, being a dentist."

Through his commitment to recovery and the hospital's skilled staff, James pushed through the pain and regained his ability to help others. By the time he left REHAB, he was able to go back to his dental practice where he worked for another 10 years before retiring.

"As I walk the halls of the hospital now I still remember where my dad would have his therapy. I am completely amazed at the hospital, with its state-of-the-art equipment and passionate staff," David said.

"It is fantastic to see the lives that are rebuilt here, especially knowing that REHAB continues to make a difference in so many lives like they did for us."

"By visiting throughout the years, I can see the thoughtful consideration that was put into the renovation. The task of construction is overwhelming, but the design puts the patients first by focusing on the details needed to care for patients," David said.

Over 50 years later, the experience continues to make an impact on the Kanashiro family, who never forgot the struggles that came after James' tragic accident, and those who played a crucial role in his recovery.

"The impact REHAB had on my dad affected our entire family. My dad worked hard for his recovery, so we have



In August, REHAB President and CEO Dr. Timothy Roe gave David Kanashiro a tour of ongoing hospital renovations which will open 12 patient beds in December 2016.

a strong bond with these people. They are part of our family," David said. "As I reflected on my life and those who impacted our family, I chose to make a charitable gift in gratitude for the remarkable level of rehabilitation provided by the people of REHAB in memory of my father."

After a lifetime of helping others, the memory of Dr. James Kanashiro will live on through the impact his family's support will have on patients for years to come.

WAYS TO HONOR THE CARE OF A LOVED ONE

The Kanashiro family's generosity is just one example of how a loved one's memory can live on at REHAB. Honorarium and memorial gifts are significant ways to leave a legacy.

- Make a gift to honor a caregiver or patient to celebrate the care they received at REHAB.
- Name REHAB in your estate plans, which will make an impact for years to come.
- Choose a gift that gives back, like a charitable gift annuity or remainder trust.

There are many different ways to make an everlasting legacy. To learn about what type of giving works best for you, contact Stacey Acma with the REHAB Foundation at **808-544-3387**.



In 1963, six years after his paralyzing car accident, Dr. James Kanashiro received the Certificate of Recognition from Hawaii Governor John A. Burns for his efforts in teaching citizenship naturalization classes.

“I wanted to make a gift that would help others benefit from the experiences and care I received.”

- Bruce Ekimura,
owner of
Alternate Energy



WHEN RECOVERY SPARKS GENEROSITY

Returning home after an injury or illness often brings the sense of completion and healing. Yet for many patients like Bruce Ekimura, the journey home from inpatient care requires ongoing support and a variety of comprehensive rehabilitation therapies.

After suffering from a sudden stroke in Las Vegas, Bruce spent 10 months in Nevada before returning home to Hawaii. As the owner of Alternate Energy, he knew that it would be critical for him to continue his recovery in a facility specializing in patient independence through rehabilitative care. Soon after joining REHAB, Bruce knew the experienced team of experts would get him back to work quickly.

Through a regimented program of physical, occupational and speech therapy, Bruce continued to move forward with his recovery. He was impressed that the team’s customized treatment fit well with his past treatments.

“I was very confident in the team at REHAB and knew they wanted the best for me. I wanted to make a gift that would help others benefit from the experiences and care I received,” Bruce said.

With Bruce’s gift, REHAB purchased the state’s first Bioness Integrated Therapy System (BITS). The state-of-the-art equipment uses touchscreen technology to evaluate and improve abilities in individuals with disabilities resulting from traumatic injuries and movement disorders.

Combined with the outstanding care of the REHAB team, Bruce’s generosity is now touching many patients like him every day through access to powerful and adaptable technology.

REHAB therapists utilize the technology to design personalized programs for patients with visual, cognitive and memory challenges.



THE NEXT GENERATION OF GIVERS

Sometimes, moving forward requires help from unlikely places. This summer, the Punahou Robotics Team raised funds and constructed a fully functional mechanical wheelchair for Evelyn Paule, a patient that was previously limited to manual wheelchairs, who can now move forward independently.

Students worked with Devin Otagaki, PT, DPT, ATP and REHAB’s director of the Advanced Rehabilitation Technologies Program. As one



of just nine specialists on Oahu that is certified to write prescriptions for high-level wheelchairs, Otagaki leads one of the state’s top programs for building and customizing wheelchairs based on the individual needs of the patient. Through their partnership with REHAB, students delivered the wheelchair as tears of joy streamed down Evelyn’s face.

With help from the hospital’s expertise, guidance and facilities, these students learned about the power of giving, and how their ideas can improve the lives of others.

Evelyn Paule (center) is pictured with Janice Luke Loo (left), vice-chair of the REHAB Foundation, as well as Derrek Brace (back) and Devin Otagaki (right) of REHAB’s Advanced Rehabilitation Technologies Program.



The First Hawaiian Bank REHAB Golf Challenge celebrated its 22nd year on Wednesday, May 25, 2016 at the beautiful Hawaii Prince Golf Club in Ewa Beach.

The event was made possible by our tournament co-chairs, Mark Teruya of Armstrong Produce and Curt Otaguro of First Hawaiian Bank. A special thanks also goes to Ted McAneeley of Prince Resorts Hawaii and Edith Leong, Gloria Gainsley and Margie Yoshida, who led a hard working team of volunteers.

Over 215 golfers were treated to pulled pork sandwiches made by volunteers and ono grinds from Murphy’s Grill, Ruth’s Chris Steakhouse, Romano’s Macaroni Grill, Side Street Inn,



Team First Hawaiian Bank and Team Gentry Homes share a moment after a round of golf.

ALOHA JOHN AND WELCOME RAY!

Join us in saying aloha to John Komeiji for his service as Chairman of the REHAB Hospital Board and welcome his successor, Raymond Ono.

Komeiji, senior VP & general counsel at Hawaiian Telcom, joined the REHAB family as a Foundation Board member in 2000, and eventually became chairman of the Hospital Board in 2007. Under his leadership, the board focused on REHAB’s mission to care for the people of Hawaii, including the hospital’s \$26 million renovation and expansion project.

“I am truly honored to have been a part of REHAB’s journey and growth over the years,” Komeiji said. “We’ve been able to provide the community with an exemplary facility that specializes in clinical expertise and compassionate care since its inception in 1953.”



Golf Committee Co-Chairs Mark Teruya and Curt Otaguro were all smiles at the event.

Dole Food Company, Sugarland, Meadow Gold Dairies, Pint Size Corp, Sodexo Hawaii and Hansen’s. Refreshments were donated by Paradise Beverages, Hawaii Deep Blue, ITO EN, Coca-Cola, Pepsi and Malolo Beverages.

We’d also like to say a special mahalo to First Hawaiian Bank for a successful 12-year partnership that’s led to over \$3.6 million raised for the improvement of REHAB.

Save the date and join us next year at Hawaii Prince Golf Club on May 31, 2017.

Ray Ono, retired vice chairman and CBO at First Hawaiian Bank, has been with the hospital board since 2007 and is excited to be stepping into his new leadership role as chairman of the Hospital Board and member of the REHAB Foundation Board.

“My relationship with REHAB is inspired by a personal commitment to ensure everyone has access to the transformational care that REHAB provides,” Ono said. “My presence on the board allows me to lend my passion and expertise toward preparing REHAB for the changing landscape of healthcare.”



Raymond Ono and John Komeiji with REHAB President and CEO Dr. Timothy Roe.

REHAB FOUNDATION BOARD OF DIRECTORS

Michael W. Perry
Chair

Janice Luke Loo
Vice Chair

Stanford S. Carr
Treasurer

Laurie K. S. Tom, M.C.
Secretary

William Crowley

Adelia C. Dung

Gloria Kosasa Gainsley

Keith Gendreau

George Irion

Michael P. Irish

Kara Kitazaki-Chun

Eileen Kauhane Lota

Bryan Luke

E. Lynne Madden

Ted McAneeley

Hideo “Joe” Morita

Raymond S. Ono

Dale Ruff

Gerald H. Saito

Glenn O. Sexton

Lloyd T. Sueda

Mark Teruya

Karen Tiller

Buzz Wo

Emeritus

Edith Leong

Sally McDermott

Cherye Pierce

Patricia T. Schnack

James C. Wo

Executive Director

Stacey Acma

2017 REHAB Calendar Now for Sale!



Rehabilitation Hospital
of the Pacific Foundation
226 North Kuakini Street
Honolulu, HI 96817



Support the REHAB Creative Arts Program by purchasing the 2017 calendar for \$5 at the REHAB Gift Shop or online.

REHAB Foundation's annual calendar celebrates the personal expression, imagination and perseverance that each patient artist displays with the simple act of regaining their independence. A portion of the proceeds from each calendar supports necessary supplies and resources so that each inpatient has an opportunity to participate at no cost.

Order now for November delivery by calling the REHAB Gift Shop at **(808) 566-3741** or online at art.rehabhospital.org.

EMPLOYEE GIVING CAMPAIGN

You can help REHAB with a gift as modest as \$10 per pay period. Simply spread your donation throughout the year with a payroll pledge via your employee giving campaign. Designate your gift to REHAB with the following codes:

Aloha United Way: # 70442

Combined Federal Campaign: # 36519



Art for the Heart Exhibit and Sale

Enjoy the gallery display and sale of original artwork created by patients of REHAB in our annual exhibit. All proceeds benefit the REHAB Creative Arts Program.

Thursday, December 1, 2016

4:30 p.m. - 7:30 p.m.

Rehabilitation Hospital of the Pacific

226 North Kuakini St.

Free Admission and Parking

RSVP Required

Make your reservation at 808-566-3451

The REHAB Creative Arts Program is an innovative outdoor therapeutic program designed to inspire and promote creativity while patients learn to physically and emotionally cope with a change in abilities resulting from neurological, spinal cord, orthopedic, traumatic brain injury or illness, amputation and stroke. Patient artists receive 50 percent of each sale, with the remaining 50 percent going to support the REHAB Creative Arts Program, which is 100 percent donor funded.

rehabhospital.org/foundation

@RehabHospitalPacific

@rehabhospital

@rehabhospital