

Stories of Healing and Giving from REHAB Foundation



REHAB FOUNDATION

FALL 2019

REACH






Path to Recovery
Philip Richardson's Journey of Healing, p.5

REACH

Fall 2019

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MESSAGE TO THE REHAB 'OHANA

from Michael W. Perry

As I look back on my 35 years as the Chairman of REHAB Foundation, I recognize that the one constant measure of our success is in our loyal and generous donors. Our ability to cultivate and deepen relationships within our organization and in the community is what makes us stronger.

I was lucky enough to have worked alongside REHAB legend Ko Miyataki, former President of REHAB Foundation, who passed away in August. Ko was dedicated and committed to REHAB and built a steadfast base of devoted supporters who continue their philanthropy to this day. She taught us that by building these relationships, we build a stronger REHAB.

We would like to sincerely thank you for your support as we continue to care for the patients of Hawaii. It is through partnerships with donors like you that make REHAB one of the top rehabilitation hospitals in the nation. Mahalo for believing in our mission and our dedication to rebuilding lives.

Mahalo,



Michael W. Perry

Chairman of the Board, REHAB Foundation



*“Ko was the light
of our Foundation
life for almost a
quarter century, a
special friend and,
in many ways, a
teacher for us all.”*

- Michael W. Perry

Remembering Ko Miyataki: “A Day Without Laughter Is a Day Wasted”



Lynette “Ko” Miyataki

Ko Miyataki served as the president of REHAB Foundation for many years. She began her career at REHAB in 1988 and was instrumental in raising millions of dollars to support the hospital’s mission. In addition to her Foundation responsibilities, she was also named vice president of human resources in 1993. Ko retired in 2013 and continued her dedication to service by helping several local organizations that were dear to her.

Ko was loved by all who knew her and will be truly missed. She will always be remembered for her love of REHAB, her passion and commitment to enhancing the quality of care and her ability to best serve our community.



Ko’s retirement with REHAB Foundation Vice Chair Jan Luke Loo and Emeritus Director James C. Wo



Happy Halloween!

REHAB FOUNDATION BOARD OF DIRECTORS

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Chief Development Officer

Nola N. Miyasaki JD, MBA



Introducing Nola Miyasaki, REHAB's Chief Development Officer

As part of its mission to support REHAB Hospital's growing programs and needs, REHAB Foundation has hired a new Chief Development Officer, Nola Miyasaki. Ms. Miyasaki was born and raised in Honolulu, graduated from Stanford and then Hastings for her law degree, and most recently served as the Executive Director for Entrepreneurship Outreach, New Ventures and Women's Initiatives at the University of Florida. When asked what inspired her to return to Hawaii to work for REHAB Foundation, she explains:

"REHAB Hospital is an amazing place where people experiencing illness and trauma can recover and regain independence. My mother has been a patient at REHAB and still goes to REHAB Strong programs. Without REHAB, she would not be living a vibrant life at 96 years. I am touched and inspired by stories of survival and courage that I hear and see every day. It's a privilege to be part of the REHAB family and its mission to help patients rebuild their lives."

We welcome Nola to the REHAB 'ohana! She looks forward to getting to know our REHAB friends and supporters.

STAYING ACTIVE

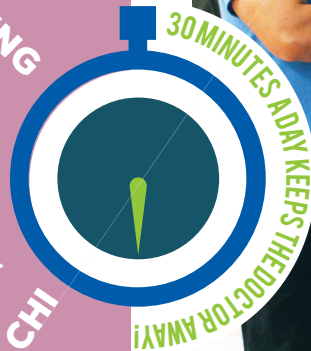
Kory Kawaguchi, REHAB Lifestyle and Wellbeing Coordinator

In my role at REHAB, I coordinate the wellness programs at the hospital and love interacting with patients. Everyday, I find myself inspired by their journey of recovery.

One of the greatest risks, not just for our patients, but all members of our community, is living a sedentary lifestyle. The good news is that a daily 30 minutes of activity can make a big impact on long term health. I suggest doing something you enjoy. As a father of a young family, it can be difficult for me and my wife to find the time (and energy) to stay active, but we enjoy family walks around the block or mall and often go swimming at the pool. These are great ways to not only exercise, but also spend time as a family.

For more information on REHAB's Strong program, visit rehabhospital.org.

WALKING
HIKING
SWIMMING
YOGA
TAI CHI



Kory Kawaguchi assists a REHAB Strong participant with a cardio circuit challenge.

PATH to RECOVERY

Philip Richardson's
Journey of Healing

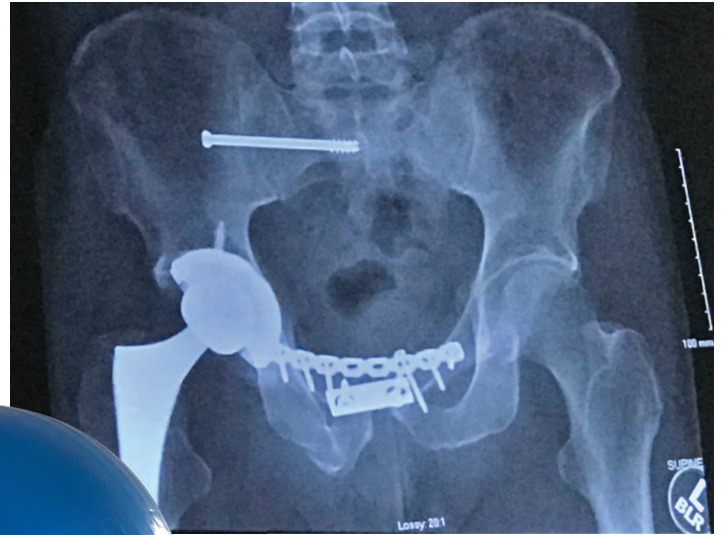
PATH TO RECOVERY

Some decisions in life lead you down paths you never expected, with outcomes you never anticipated. Philip Richardson was born in Canada, raised in England, and settled in Kaneohe with a breathtaking view of the Koolau Mountains. He has much to be grateful for -- a beautiful wife, two lovely daughters and four grandchildren that keep him energized. He is also the CEO and Founder of Current Affairs, a premier event production company that has clients from around the world. Every decision he has made in life has led him to the pinnacle of success, but on one fateful day he made a decision that would change his world in an instant.

The day started out with a trip to the North Shore for a team-building mountain bike excursion. Everyone was decked out and



Paramedics preparing to airlift Philip



Pelvic X-ray after Philip's surgery



ready for the trek. Even though this was his first time on a mountain bike, Philip was an enthusiastic participant. Once they all started out, he made his way to the front of the pack. During a break, he witnessed their guide perform an impressive jump off a ledge, landing right in front of him. He was in awe and asked, "Would you show me how to do that? I want to try that." In no time, Philip was on that same ledge and pedaled off ... but something went awry and he landed very hard. He lost consciousness and had to be airlifted to a local elementary school where an ambulance was waiting to take him to the emergency room.

When Philip opened his eyes, he was at the hospital and in immense pain. He had fractured his ribs and pelvis, and suffered multiple contusions. After extensive orthopedic surgery, Philip was enduring an enormous amount of pain. His doctor told him that REHAB Hospital would give him

Philip exercising with a therapy ball

his best chance of recovery but that it would be a tough regimen with three hours of therapy a day. Philip realized immediately that going to REHAB was what he needed to do.

With his family rallying behind him, Philip transferred to REHAB. His daughter Tiffany said, "The hospital atmosphere was so welcoming and the staff so great that it was almost like being at home." The family was told that it would take 100 days to recover, but Philip thought he could do it in half the time. Little did he know that the path ahead would be an extremely difficult one.

"The pain was excruciating," Philip recalls. "Every movement was agony." During one session, he couldn't believe that the physical therapists were asking him to get out of bed since he could barely move without feeling pain. "I can't ... I can't do it!" Philip exclaimed emphatically. "I cannot do what you're asking!" The therapists were patient and encouraging, telling him that he could do it. They reassured him that they were going to show him how it could be done. They

slowly got him up, helped him to brace and position his body and, incredibly, Philip got out of bed. He couldn't believe it!

He remembers a second moment of despair and immense pain when he again cried, "I can't do it! I can't do it!" The therapists never gave up and calmly guided him, teaching him how to accomplish everyday tasks again. The results were miraculous. Philip decided to persevere through all the pain and with every achievement, he regained his confidence. After two and a half months of intensive therapy, Philip Richardson no longer needed a wheelchair and was able to walk out of REHAB Hospital on crutches.

He has since been back at work, even running up and down the warehouse stairs! Everything that the Richardson family has gone through has brought them closer and strengthened their family bond. The incredibly difficult path to recovery that Philip walked with REHAB staff will forever be one that he remembers and cherishes with deep gratitude.

Dear OT & PT Teams
I know what I can and cannot do and yet twice you showed me the other side of impossible.
You amaze me!!
God bless you all and may he brighten your lives the way you do for so many of us.
Philip

[See more of Philip's story on REHAB Hospital of the Pacific's YouTube channel.](#)

The Richardson 'ohana: Philip's wife Violet, daughters Chantelle and Tiffany, and Philip



The Happiness of Giving

Edwin & Margaret Lee with their sons Jeffrey & Philip Lee



Edwin and Margaret Lee understand the power of promoting the welfare of others.

Edwin was born during the Great Depression and raised in San Francisco's Chinatown. He witnessed firsthand hard-working families striving to make a life with limited resources. He was one of the fortunate ones able to pursue a college education. He studied at the University of California, Berkeley, where he earned a degree in civil engineering.

He later married his beautiful wife Margaret, and they welcomed two healthy sons into the world. While Edwin worked as an engineer, Margaret stayed home to care for their two boys and began investing in real estate. She eventually started a real estate company and became one of the top, most respected Realtors in San Francisco.

After Edwin retired from engineering, he joined Margaret in property investments and managing their growing real estate portfolio.

They have never forgotten their humble beginnings and the struggles that people often face.

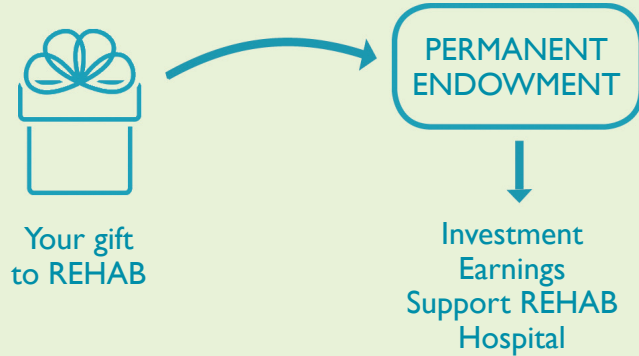
Last December, they established the Edwin and Margaret Lee Foundation Endowment at REHAB Foundation, which provides financial assistance for patients who are unable to afford rehabilitation services. The gift will perpetually help those in need.

“We like the idea of establishing an endowment so that our gift continues to give over and over again in many years to come. Think of all the people that one gift can help.”

Margaret encourages others to consider giving too, because “once you start donating, you feel good about it and discover the happiness of giving.”

REHAB therapist Aaron Taniguchi with a patient

Leaving a Legacy



Choose to leave an everlasting impact to REHAB Hospital by creating a legacy through an endowment gift of \$25,000 or more to REHAB Foundation.

An endowment is a permanent gift that continues to provide support to REHAB for many years after the initial donation. Endowments are held in perpetuity and investment earnings are used annually to support the donor-designated purpose.

Contact REHAB Foundation at 808-566-3451 or foundation@rehabhospital.org



REHAB FOUNDATION CALENDAR OF EVENTS



#GivingTuesday 2019

Tuesday, December 3, 2019

Join us online for a global day of giving!

@RehabHospitalPacific @rehabhospital @rehabhospital

To support REHAB, visit rehabhospital.ejoinme.org/donate

Feng Shui Extravaganza - Year of the Rat 2020

Saturday, January 18, 2020

Presented by World of Feng Shui (WOFS) USA Honolulu

For more information, contact (808) 739-8288 or

info@wofsusa.com

26th Annual First Hawaiian Bank - REHAB Golf Challenge

Wednesday, May 27, 2020

Hawaii Prince Golf Club in Ewa Beach

Registration will begin in February 2020



Foodland Give Aloha Campaign 2020

September 1-30, 2020

Donate to REHAB at Foodland, Sack N Save or Foodland Farms during checkout

Foodland Give Aloha Code: #77557

23rd Annual Joy of Food & Wine

Friday, September 18, 2020

A Benefit for REHAB Hospital

Registration will begin in July 2020



Designate REHAB as your nonprofit of choice through your employee giving campaign!

Aloha United Way: #70442

Combined Federal Campaign: #36519

Celebrating 25 Years



FIRST HAWAIIAN BANK REHAB GOLF CHALLENGE

In 1995, REHAB Foundation hosted its very first Golf Challenge as a thank-you to a small network of community physicians. Two and a half decades later, the REHAB Golf Challenge has become a highly anticipated tournament that welcomes hundreds of players and volunteers every year. In May, REHAB celebrated the 25th anniversary of the First Hawaiian Bank-REHAB Golf Challenge at Hawaii Prince Golf Club and raised over \$160,000! Over the span of 25 years, wonderfully loyal participants and sponsors have partnered with us to raise millions of dollars to fund the highest needs at REHAB Hospital.

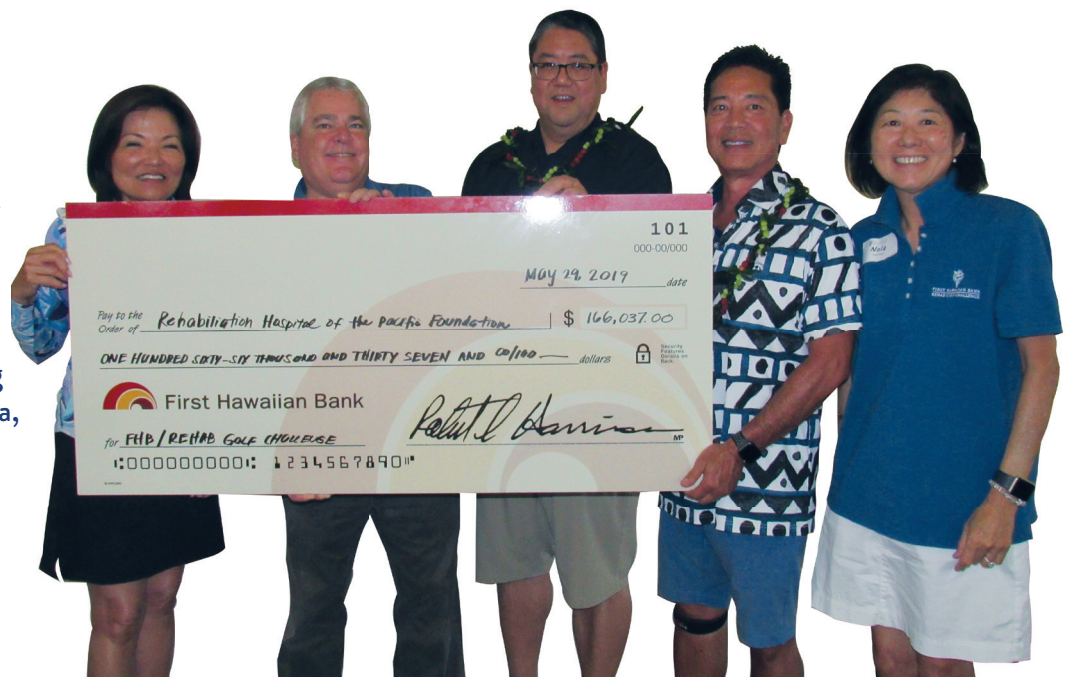
Mahalo Nui Loa to the sponsors, donors and golfers who contributed to this year's tremendous success. Special thanks to Title Sponsor First Hawaiian Bank, along with Tournament Co-Chairs Mitchell Nishimoto of First Hawaiian Bank and Mark Teruya of Armstrong Produce. A warm aloha to Tournament Committee Members Sharon Brown, Gloria Gainsley, Edith Leong, and Alan Ohara. And a big thank you to emcees Jimmy Da Geek and Scotty B. for hosting a great night of exciting prizes and auction items.

REHAB Foundation's Giving Clubs

Coming Soon!

We are excited to introduce REHAB Foundation's Giving Clubs, which celebrate you as a special donor to REHAB Hospital. Donors who make gifts at designated levels of \$250 or more will be recognized for their contributions with exclusive offerings and experiences. Visit rehabhospital.org/foundation to support a patient in need today.

(L to R) Sharon Brown, Retired President of FHB Foundation; Dr. Timothy Roe, President/CEO of REHAB Hospital; Mitchell Nishimoto, Tournament Co-Chair & Vice Chair of Retail Banking Group for FHB; Mark Teruya, Tournament Co-Chair & President/Chairman of Armstrong Produce; Nola Miyasaki, CDO of REHAB Foundation.





**Rehabilitation Hospital
of the Pacific Foundation**
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**Philip Richardson with his daughter
Tiffany after his recovery at REHAB**



**Philip Richardson
with REHAB Physical
Therapist, Angela
Owens**

REHAB Foundation was established in 1984 to support REHAB Hospital of the Pacific's dedication to rebuilding lives for those with physical and cognitive disabilities. As Hawaii's only comprehensive medical rehabilitation hospital, philanthropic support is essential to REHAB's ability to provide the highest quality of care, assisting patients to achieve goals to regain health and independence. Donor support is focused on areas that enrich and enhance the rehabilitation experience and maximize patient recovery.

rehabhospital.org/foundation

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