

REACH

ISSUE 1 2026

Stories of Inspiration
from *REHAB Hospital*

THE POWER OF
RECOVERY AND
POSITIVITY

with
**PAUL
GAGNE**
Stroke Survivor

Read how Paul Gagne turned a life-altering stroke into an inspiring journey of resilience, proving that with the right support, the road to recovery is paved with friendship and aloha.

continued on page 4

REHAB
FOUNDATION



TO OUR REHAB OHANA

At REHAB, we're reminded each day that recovery does not end at discharge. It continues in the quiet victories of everyday life: a walk through the neighborhood, a return to favorite hobbies or time spent reconnecting with others.

In this issue of REACH, you'll meet Paul Gagne, a stroke survivor whose journey reflects what's possible when determination meets the right support. After completing REHAB Hospital of the Pacific's inpatient program, Paul continued his progress through outpatient therapy and REHAB Strong — our wellness program that helps patients maintain momentum beyond clinical treatment. Today, he stays active through adaptive sports, volunteering at the hospital and spending time back on the fairways.

You'll also hear from two REHAB Foundation board members as they share their personal connections to rehabilitation and why access to high-quality care close to home matters here in Hawaii.

Because of you, REHAB provides comprehensive, specialized care at every stage of recovery — from intensive inpatient and outpatient rehabilitation to support groups, adaptive recreation and programs like REHAB Strong that help patients continue moving forward. Your support also strengthens the future of rehabilitation through clinical rotations and nursing preceptorships, preparing the next generation of professionals who will care for our communities in the years ahead.

Mahalo for being part of this community. Together, we are restoring strength, independence and confidence — ensuring that recovery continues long after patients leave our doors.



Stanford Carr

Stanford Carr
Chairman of the Board
REHAB Foundation



Jennifer Onishi

Jennifer Onishi
Executive Director
REHAB Foundation



REHAB IN THE COMMUNITY

REHAB's monthly Stroke Support Group is designed to empower stroke survivors and their families throughout their recovery journey. As an extension of our commitment to lifelong rehabilitation and community integration, Stroke Support Group provides informative guest speakers and activities while connecting with other stroke survivors and caregivers. In this photo, participants are cardio drumming on our mobility lanai.

REHAB Community Programs

- **Stroke Support Group** - Every first Thursday of the month
- **Amputee Support Group** - Every second Tuesday of the month
- **Adaptive Sports - Cycling and Swimming**
- **REHAB Strong**: a wellness program with classes designed for those striving for a healthy lifestyle beyond therapy



VOLUNTEER MESSAGE:

Arlene Lau

In the blink of an eye, your world can be turned upside down. When my sister faced a life-altering illness, REHAB was there to give her the tools to navigate her "new normal." They helped her turn life's lemons into lemonade, and the impact on her was tremendous. After she passed, I knew I wanted to pay that kindness forward.

Volunteering in the REHAB gift shop has been the perfect fit. It gives me the beautiful opportunity to connect with patrons, share my sister's story, and express my deep gratitude for the incredible work REHAB does. I feel truly blessed to give back to a place that gave my family so much.





HEALTHCARE HERO:

Shon Morishige

Registered Nurse **Shon Morishige** was named a **2025 Hawaii Healthcare Hero** by the **Healthcare Association of Hawaii**, recognizing healthcare professionals who go above and beyond for their patients. Known for his compassion and dedication, Shon helped guide a patient with multiple spinal cord injuries from paralysis to standing with minimal assistance. In February 2026 he was honored at the Hawaii State Capitol by the State Senate, House of Representatives, and Governor **Josh Green**.

"Shon's compassion and skill make remarkable recoveries possible."

Stephanie Nadolny, President and CEO

31st Annual REHAB GOLF Challenge

Presented by  First Hawaiian Bank

EVERY SWING MAKES A DIFFERENCE!

Mark your calendar for **Wednesday, May 20, 2026**, and join us at **Hawaii Prince Golf Club** for the 31st Annual REHAB Golf Challenge, presented by First Hawaiian Bank.

Enjoy a day of golf, friendly competition, prizes, and a festive pau hana — all while supporting **REHAB's mission to provide the highest level of care.**

Your participation helps **restore function, rebuild independence and bring hope** to patients and their families. Every swing, donation, and volunteer effort makes a meaningful impact — **on the course and throughout our community.**



Photos by Andrew Lee and JonT Media Hawaii



Scan the QR code to register a team, volunteer or make a donation!

28TH ANNUAL the JOY of Food & Wine

SAVE THE DATE

SATURDAY, SEPTEMBER 12, 2026
HALEKULANI HOTEL

Join us for an unforgettable evening of incredible cuisine, fine wine, and meaningful impact. We're thrilled to once again partner with an award-winning culinary team for a night to sip, savor, and celebrate — all in support of rehabilitation care in our community.

To learn more, visit rehabhospital.org/jofw2026



NURTURING THE NEXT GENERATION OF CARE

"Seeing patients regain their independence is truly rewarding, but it's the collaborative teamwork and incredible mentorship that make this place special. Being part of the 'REHAB difference' as a student inspired me so much that I knew I had to start my career here."

Heidi Doane-Alcos

Former Student and Future Occupational Therapist



Investing in Hawaii's Healthcare Workforce

With the generous support of the Mamoru and Aiko Takitani Foundation and the Kosasa Foundation, REHAB has continued to build on long-standing partnerships with local universities and directly sustains our Nursing and Therapy Preceptorship Programs for students pursuing careers in rehabilitation and healthcare.

As Hawaii's only rehabilitation hospital, REHAB provides a highly specialized, interdisciplinary setting where students train alongside expert physical, occupational, and speech therapists, rehabilitation nurses and psychiatrists. Through hands-on mentorship and real-world clinical experience in medical rehabilitation, students gain the advanced skills and confidence needed to transition into local healthcare roles—ensuring that specialized rehabilitation expertise remains strong, accessible and sustainable in Hawaii for years to come.

"We are actively solving Hawaii's healthcare shortage by training the next generation of rehabilitation professionals. The recent full-time hiring of two trainees at REHAB proves that your philanthropic support creates immediate, long-term impact for our community."

Mario Rodriguez PT, MHA
Vice President of Clinical Services

REHAB FOUNDATION BOARD OF DIRECTORS

Spotlight

"Living in Hawaii, access to high-quality rehabilitation care is critical. In recovery, time matters – and **having a trusted resource like REHAB close to home can make all the difference.**"



Tyler Tokioka

Stroke Survivor | REHAB Patient Chairman, Island Insurance & Island Insurance Foundation

"We often only realize REHAB's true value when a loved one needs it. **That's why their legacy of care must continue to reach future generations,** especially new caregivers."



Jaclyn Loo

Mother of Two Marketing Leader & Advisor

THE POWER OF RECOVERY AND POSITIVITY

with PAUL GAGNE

Stroke Survivor



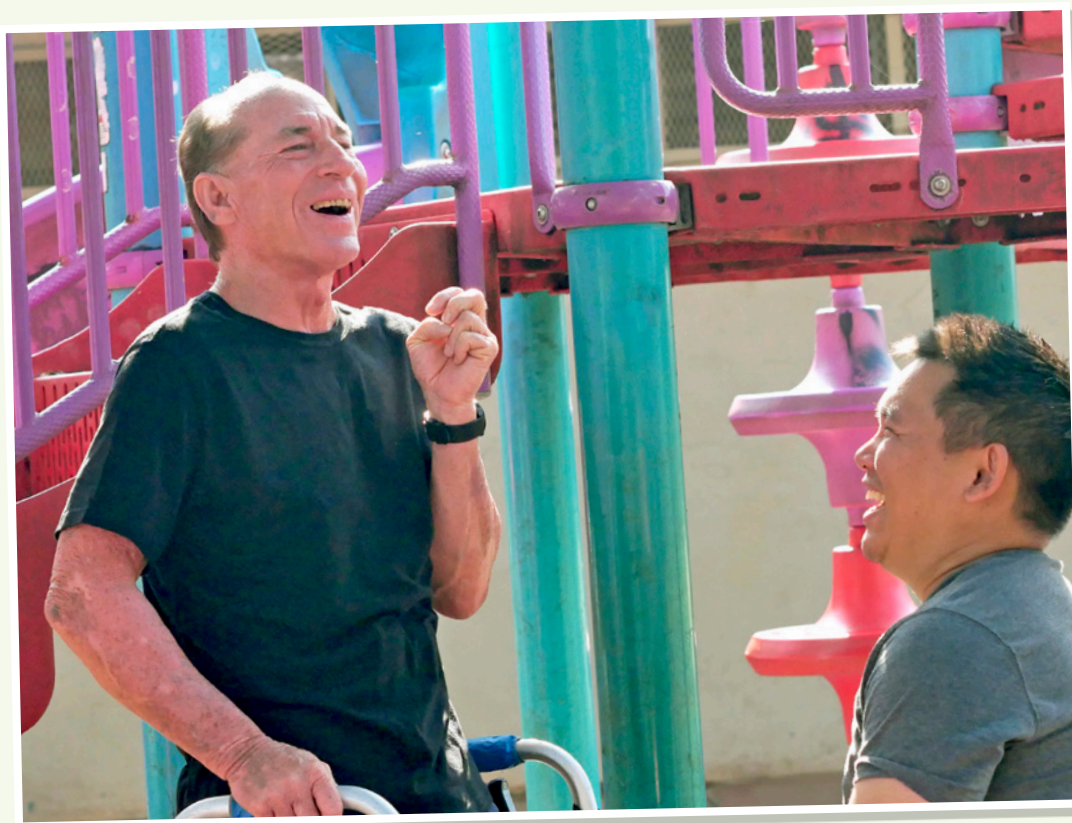
Choosing to Thrive

In late 2024, a stroke disrupted Paul Gagne's life, but not his spirit. Faced with the critical decision of where to recover, Paul chose REHAB—Hawaii's only Inpatient Rehabilitation Facility (IRF)—because he heard it was "for people who really want to get better."

Paul committed to the rigorous standard of three hours of therapy, five days a week, declaring, "Sign me up! I want to recover as much as possible."

A Community of Support

Paul's dedication, combined with REHAB's unique continuum of care, paid off. Through programs like **REHAB Strong** and **Adaptive Sports**—where he cycles on a recumbent tricycle he calls the "Batmobile"—he bridged the gap between medical treatment and independent fitness. Today, Paul is a fixture in Kapahulu, striking up spontaneous conversations and smiles during his "mindful walks" past Leonard's Bakery and bringing donuts to REHAB's Stroke Support Group. Whether on the golf course or volunteering, Paul proves that with the right support, life after a stroke is full of movement, friendship and aloha.



Scan the QR code to read
Paul's full story.

Connect with us!

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REHAB FOUNDATION

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Help Us Rebuild Lives, Together

Your gift today supports patients as they work toward strength, independence, and recovery this spring.



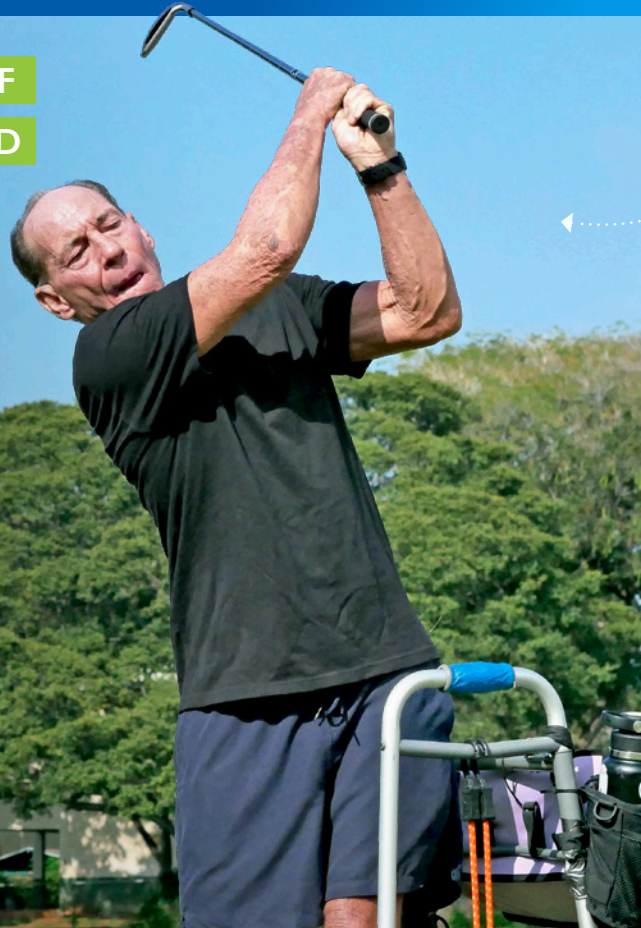
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IN THIS ISSUE

◦ **Paul's Story:** The Power of Recovery and Positivity *pg. 4*

Board Spotlight *pg. 3*

Building Hawaii's Healthcare Workforce *pg. 3*

Healthcare Hero: Shon Morishige *pg. 2*

REHAB in the Community *pg. 1*

