Stories of Healing Through Art from REHAB Foundation



Healing Through Art Celebrating 25 Years of REHAB's Creative Arts Program p. 3

ONTHE COVER:

REHAB Hospital of the Pacific is celebrating 25 years of our Creative Arts Program with a commemorative mural painted by 30 patient artists. The free-flowing design was created specifically with the artists in mind. It depicts movement and symbolizes the limitless boundaries of expressing oneself through art.



MESSAGE TO THE REHAB 'OHANA

from Michael W. Perry

I regularly meet people who have gone through life-changing events and REHAB has been part of their story. Tens of thousands of people have had their lives dramatically improved because of REHAB's expertise and thoughtful care. Real challenges, real changes. REHAB has been serving our community for the last 65 years and, today, stands as one of the best rehabilitation hospitals in the nation.

In this Spring issue, we showcase what your steadfast support has meant to many patients and their families, like John and SueAnn Perio and Peter Jones. We are always stronger when we are not alone. Thank you for joining in our dedication to rebuilding lives! With your partnership, we will be part of many more triumphant stories in years to come.

Mahalo,

REACH

Spring 2019

Michael W. Perry

Chairman of the Board, REHAB Foundation

REHAB FOUNDATION CALENDAR OF EVENTS

May 29, 2019
25th Annual First Hawaiian Bank-REHAB Golf Challenge
Hawaii Prince Golf Course
To register call (808) 566-3451 or
visit https://rehabhospital.ejoinme.org/golf2019

September 20, 2019
22nd Annual Joy of Food & Wine

Halekulani

Reservations for sponsorships and tables will begin in June 2019

September 1-30, 2019
Foodland | Sack-n-Save | Foodland Farms Give Aloha Campaign
Remember to use your Maika'i Card and designate 77557

Contact Us foundation@rehabhospital.org 808.566.345 I rehabhospital.org/foundation

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The REACH newsletter is published semi-annually by REHAB Foundation located at 226 N. Kuakini St., Honolulu, HI 96817



"

Through art, I now have the confidence to be a participant in life as opposed to a spectator.

"

FORMER REHAB PATIENT ARTIST

Twenty-five years ago, the pairing of art and medicine was taking place at REHAB Hospital of the Pacific. After hearing requests from patients for an accessible creative outlet, recreational therapist Tara Sullivan sought to introduce art as a means to help patients physically and emotionally. She began by offering patients potter's clay to create masks. Each piece allowed the patients to immerse themselves in working the clay, and they soon forgot the pain of their illnesses and injuries. The patients, who often came to REHAB at a crisis point in their lives, discovered they were able to express their emotions and stories through art.

CC

I remember one participant who was unable to speak after a stroke. Through the art program, she found a way to communicate with loved ones by sending drawings she made of family memories.

"

TARA SULLIVAN



Healing not only came through the art but from the participants as well. The Creative Arts Program evolved into a gathering place for patients to encourage and mentor one another. They created a community where they could relate to each other's similar circumstances, share life experiences and forge friendships at a time when it was most needed.

Tara Sullivan, former REHAB recreational therapist, assisting a patient during the early days of the Creative Arts Program

DEDICATED TO REBUILDING LIVES

3 | REACH



A letter from one grateful patient's family captures what the art program has meant to many:

Dear REHAB,

Our family finds that one of the things for which we are the most thankful is the Creative Arts Program at REHAB.

My husband, John, has been oil painting as a hobby for many years, and this hobby has been a great source of enjoyment for him. When a stroke paralyzed his right side, he felt this avenue was closed to him forever.

While excellent care from his doctors, nurses and therapists helped to heal his body, the afternoon he discovered the Creative Arts Program, his SPIRIT began to heal. The support he receives from others fighting the same battle as he has made a real difference in his life. These classes are so important to John's well-being that when he could not make The Handivan work for his needs, he challenged himself to become strong enough to take The Bus!

While we can certainly never put a price on a man's spirit, it is our prayer that everyone who supports the art program will be rewarded ten-fold for their wonderful gifts.

Sincerely, SueAnn Perio

The same spirit of healing, community and expression continues in the program today. Since its humble beginnings 25 years ago, more than 10,000 patients have benefited from the Creative Arts Program. Your gifts bolster REHAB's efforts to offer this extraordinary opportunity, which is not covered by insurance. We are sincerely grateful to all our partners who believe in this significant resource with us.

A special mahalo to Tara Sullivan and SueAnn Perio for their contributions to this article.

To support REHAB's Creative Arts Program, please contact REHAB Foundation at (808) 566-3451 or foundation@rehabhospital.org.

ART SPOTLIGHT

Reuben Young, Art Instructor at REHAB's Creative Arts Program

Patient, kind and inspiring. These words readily come to mind when participants in the REHAB Creative Arts Program are asked about art instructor Reuben Young. Since January 2001, he has helped countless patients find a voice through painting. Their stories and artwork grace the halls of REHAB Hospital, illustrating the creative power of the arts for emotional and physical healing.

Reuben holds a master's degree in fine arts, teaches at the Honolulu Museum of Art School and is a professional artist himself. However, his talent extends beyond his artistic merit. He inspires patients to look beyond limitations to see the possibilities of producing something beautiful out of a blank canvas. Mahalo, Reuben, for bringing out the inner artist in so many people!

"He always makes us feel like we can do it, which opens us more to try new things."
-Peter Jones, double amputee survivor

Reuben's creative talents are legendary, especially at Halloween when everyone eagerly awaits to see his one-ofa-kind handmade costumes!

"I wouldn't be here without him."

-Dennis Okada, spinal cord injury survivor "Reuben helps me to interpret how to put brush to canvas." -Marie Prioleau-Lewis, spinal cord injury survivor

"Reuben is the most patient, most tolerant person. There's no obstacle too small or too great for him to help with in painting."

-Jan Mitchell, multiple trauma survivor

"I enjoy painting because of Reuben. It's very friendly here, so we can share."

-Stanley Tseng, stroke survivor







Left: Peter working on a painting during class

Right: Peter's painting entitled *U'i Haleiwa*Sunset

How Your Gifts Rebuild a Life: Peter Jones' Story

As this story was going to print, we learned that Peter had unexpectedly passed away. He was surrounded by his family and friends. We will sorely miss his positive energy, eye for color and exuberant smile.

When Peter Jones shares about his life, your mind is taken to places of high fashion in Paris and New York, places of deep spirituality and places of easy laughter amongst friends. His cheerfully bright shirts and crystal blue eyes convey a zest for life.

It is easy to see that he has always been an artist as he casually recounts memories from his storied career. He ran a renowned hair salon in Liberty House (before Macy's came to Hawaii). He also taught cosmetology and was in such high demand that he was flown between London and Paris to do so. He even styled runway models for the likes of Christian Dior.

One day while cycling, he accidentally cut himself while getting off a bike. The minor cut became infected and due to complications from diabetes, he underwent surgery last year to amputate both of his legs. It was devastating for this life-loving jetsetter, and it left him wondering how he would continue to live. During his stay at REHAB Hospital, he inquired about the Creative Arts Program and last Summer decided

to try it. He says that art has helped to keep him alive.

"The class is very therapeutic. It's an enriching experience. You feel fantastic after coming to class. It's

changed my life a lot. It's allowed me to reset."

"There's no room to feel sorry for ourselves here, because you're inspired by all the people and their stories. All the colors in their artwork are uplifting and inspirational."

Peter is now focusing on becoming stronger so he can walk using prosthetic legs.

"I really want people to have more access and connect to this program, because REHAB really

lives up to its mission of rebuilding lives."

Your generous gifts work to bring hope to patients like Peter when they need it most. Thank you for believing in Hawaii's only comprehensive medical rehabilitation hospital. Your support enhances REHAB's best work and our efforts to provide a place of healing.



THE IMPACT OF YOUR GIFTS

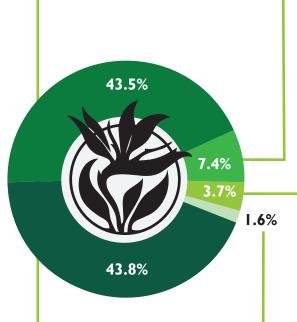
Year in Review

Report reflects data from FY18 (Oct. 1, 2017-Sept. 30, 2018)

In fiscal year 2018, REHAB Hospital made an impact on more than 11,000 lives and raised more than \$1.89 million in monetary contributions and in-kind donations. Thank you to all the individuals and organizations who have partnered with us throughout the year. Your gift sustains a vital resource for the people of Hawaii. We are ever grateful for your support.

Clinical Programs and Services

REHAB uses a continuum of rehabilitation services that are advanced through education, technology, and research in an inpatient and outpatient setting. Specialized treatments are designed to support patients in their daily life at home and in the community with supporting tasks that require more complex interaction than basic survival and well-being. Donations have helped provide resources for uncompensated and undercompensated services like Recreational Therapy.



Patient Financial Assistance

REHAB is committed to providing financial assistance to support the care of all patients, regardless of their ability to pay. Donor contributions support REHAB's Financial Assistance Program, which provides funding for uninsured and underinsured patients to receive medical care and support during discharge. In 2017, REHAB Hospital provided close to \$1.7 million in financial assistance and uncompensated care to low-income or financially strapped patients.

Patient Care Equipment

Rehabilitation equipment and specialized therapy systems have physical, cognitive and functional benefits. Donor support has helped us purchase innovative, state-of-the-art equipment, a Radio Frequency Generator for Pain Management procedures, and GrandStand Modular Standing System for supporting patients with spinal cord injuries.

Creative Arts Program

The REHAB Creative Arts Program is an innovative, outdoor therapeutic art program that helps patients cope physically and emotionally with a change in abilities by challenging their cognitive, creative, and fine motor skills. This program is not covered by insurance. The cost of art instruction, supplies and materials are provided at no cost to inpatients thanks to ongoing community support.

Capital Improvements

As the only acute rehabilitation hospital in Hawaii and the Pacific Rim, it is vital that REHAB provides the ideal environment to inspire, motivate, and encourage an individual in their journey to rebuild their life after a serious physical or cognitive injury. Contributions support capital improvements that include general renovations and enhancements to treatment spaces in both the hospital and outpatient clinics.

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Mahalo

TO REHAB'S DONORS

For Your Generosity and Support

List includes contributions of \$500 or more between January I and December 31, 2018.

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\$1,000,000 + Anonymous (1)

\$25,000 - \$49,999 Michael & Sandy Irish

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Ronald & Ann Ho The Hon. Wilson & Janice Luke Loo Stanley H. Young

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Leaving a Legacy

Choose to leave an everlasting impact to the REHAB mission by creating a legacy through an endowment gift. A gift to REHAB Foundation of \$25,000 or more can establish a named Endowment Legacy Fund.

An endowment is a permanent legacy gift that continues to provide support to REHAB for many years after the initial donation. Endowments are held in perpetuity and investment earnings are used annually to support the donor-designated mission purpose.



Contact REHAB Foundation at 808-566-3451 or foundation@rehabhospital.org

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Every effort has been made to provide an accurate listing. If any acknowledgement was misspelled or omitted, please let us know. Mahalo for your support!

~ Celebrating the 21st ~





We celebrated in style last Fall at Halekulani and raised over \$170,000 for REHAB patients and families.

The guests enjoyed an exquisite meal by star chefs Chris Kajioka and Anthony Rush of Senia with wine pairings by Southern Glazer's Wine & Spirits. Special guest and former REHAB patient Lance Yoshimura also shared the moving story of his REHAB journey after suffering a fall in 2015.

You can watch his story "When Miracles Happen" by visiting REHAB Hospital's YouTube channel.

Be sure to save the date for the next Joy of Food & Wine on Friday, September 20, 2019!



Top: Co-Title Sponsors Kathy & Stanford Carr and Holly & Clyde Kaneshiro

Bottom: Foundation Board Director Mark Teruya and Hospital Chairman Ray Ono looking over the selection of silent auction wines

\$120,000 DONATION FROM THE MAMORU AND AIKO TAKITANI FOUNDATION

REHAB Hospital recently received a \$120,000 donation from the Mamoru and Aiko Takitani Foundation in support of programs that will increase the readiness of students seeking careers in physical and occupational therapy, speech and language pathology, nursing and medical assistance.

"This is a tremendous opportunity to help students develop the skills they need locally, which will ultimately benefit our community," said Dr. Timothy Roe, REHAB president and CEO. "We are grateful for this very generous gift, but it is so much more than a donation. It seeds the vision for a larger effort to create pathways for those interested in working in the healthcare industry here at home."

Mahalo to the Mamoru and Aiko Takitani Foundation for investing in REHAB and the future of Hawaii!

2019 FENG SHUI UPDATES FOR THEYEAR OF THE BOAR

Feng shui enthusiasts attended this sold-out seminar in January to hear feng shui master Peter Lung share what 2019 has in store for us. For the past 15 years, Peter and Joanie Lung of the World of Feng Shui have generously donated all proceeds from these seminars to REHAB Foundation, which has amounted to over \$140,000! We will always be grateful to the Lungs for their generosity and steadfast commitment to the patients and families at REHAB.

Mark your calendar for Peter Lung's next feng shui seminar on Saturday, January 11, 2020 to discover what's in store for the Year of the Rat!

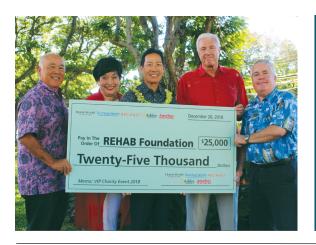
Joanie and Peter Lung of World of Feng Shui with Janice Luke Loo (center), Foundation Vice Chair & Hospital Board Director



C. S.WO & SONS GIVES \$25,000 TO REHAB

REHAB Foundation was the honored recipient of a C. S. Wo & Sons VIP Charity Event, which ran from October 6-8, 2018. The company hosted a special promotion for their shoppers and donated a portion of the proceeds to support REHAB Hospital. A total of \$25,000 was raised from this event!

We thank C. S. Wo & Sons for this wonderful gift to reach more patients and families at REHAB and for their steadfast aloha for our community.



L to R: Ray Ono, Hospital
Chair; Janice Luke Loo,
Foundation Vice Chair &
Hospital Board Director;
Michael J. Wo, C. S. Wo Owner/
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REHAB Foundation was established in 1984 to support REHAB Hospital of the Pacific's dedication to rebuilding lives for those with physical and cognitive disabilities. As Hawaii's only comprehensive medical rehabilitation hospital, philanthropic support is essential to REHAB's ability in providing the highest quality of care and achieving patient goals for optimal health and independence. Donor support is focused on areas that enrich and enhance the rehabilitation experience and maximize patient recovery.

