

**FY 2023  
ANNUAL REPORT**  
(OCTOBER 2022 - SEPTEMBER 2023)



# *Dedicated* to Rebuilding Lives





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## A Message from REHAB President and CEO

Aloha and thank *you* for joining us in rebuilding lives. The impact of our supporters is felt daily across our communities and extends far beyond the walls of REHAB. It can be heard in the “hello” from a neighbor who triumphed over a traumatic brain injury, seen in the teenager playing with his dog after recovering from a spinal cord injury and felt in the warm embrace between a stroke survivor and her grandchildren. What starts at REHAB has a domino effect in the lives of those we serve along with their families and loved ones—and the support of our community is instrumental in their recovery and prosperity.

Community is ever-present at the heart of the work we do and it has been incredible to partner with so many compassionate people and organizations who share in that commitment. Our adaptive cycling program continues to grow, both in participants and volunteers. It is especially inspiring to see our therapists and other staff, along with the VA Pacific Islands Health Care System, Hawaii Bicycling League and Adaptive Adventures combining their collective drive, skills and expertise to provide a powerful experience for people with disabilities. We’ve extended our reach by further developing our support programs like our stroke club and amputee support group, as well as building out our information center to connect people with rehabilitation resources both within REHAB and other organizations.

We believe that Team REHAB is comprised of our entire community, because *everyone* plays a role in the recovery of our patients. From our employees, volunteers, donors, community partners and patients and their families—everyone’s collective efforts allowed us to support over 8,000 individuals across our islands in the past year. We share this collection of information as a celebration of the wins of our patients, and a heartfelt “thank you” for the role every member of Team REHAB played rebuilding each of these lives. Mahalo to everyone on Team REHAB. We couldn’t do this without you.

Please join me in my excitement for the coming year as we continue to build upon the successes outlined in this report. Thank you for your commitment to our hospital, Team REHAB and our community.



*Stephanie Nadolny*  
**Stephanie Nadolny, MHA, FACHE**  
 President & Chief Executive Officer (CEO)

## A Message from Board Chair

On behalf of the REHAB Foundation, I’d like to echo Stephanie’s appreciation for all who’ve joined our important cause of rebuilding lives together! Thank *you*—our donors, community partners, patients & their families, staff and volunteers—for your incredible support. Together, we continue to perpetuate and grow REHAB’s ability to provide the highest level of physical rehabilitative services to the people of Hawaii.

Throughout the 17 years of serving on this board, there’ve been countless individuals who’ve supported REHAB’s important work. It’s been awe inspiring to see so many come together, unified in our mission, and I am honored to be a part of that continued legacy. Mahalo for your loyal support and I look forward to another momentous and exciting year.



**Stanford Carr**  
 Chairman of the Board



## Patient Highlight: **Jan Olin Nakamura**

“Be there and be part of the process. You can make it happen.”



Jan Olin Nakamura’s REHAB journey started 10 years ago after a fall in the shower. Unable to get up, she lay there, alone, for two hours before was finally able to call out to a passing neighbor. Due to severe arthritis, which runs in the family, the 72-year-old Aiea resident had already been losing mobility over the years and used a cane to get around. After her fall, she knew that, to walk safely again, she would need more help.

For some time, Jan had also been dealing with unexplained weight gain and swelling, especially in her legs. When she brought it up to her doctor, he simply told her, “lose some weight.” It was only in 2014, when she met Cheri at REHAB, that she finally discovered the reason: stage four lymphedema. “When I heard that, I cried,” Jan says. She felt angry that this had been missed for so long, “but there was also relief. I finally felt validated.” Treatment for her lymphedema began immediately, and she also began seeing Dr. Daniel Burdick at REHAB for help managing her arthritis pain.

Ten years later, Jan still looks forward to her weekly sessions. “Cheri has been a godsend, she says, and without REHAB, she would not have the quality of life that she has now. There’s no cure for lymphedema or arthritis, but through therapy, pain management and the guidance of her doctors and the REHAB team, she’s able to live as independently as possible. She’s still able to walk around her house. Outside, she uses a power chair to get around. Had her symptoms been neglected, she would likely have had to have been moved into a nursing home. Jan says 2014 was the year when she started to get her life back. REHAB has played a big role in that.

But, like any change, the first step always begins with yourself. “Have that level of faith in daily life,” Jan says. “Be there and be part of the process. You can make it happen.”



## REHAB In The Community

This year, Team REHAB prioritized increasing our involvement in the community. We hosted our 70th anniversary celebration, successfully held two adaptive cycling events, relaunched support groups (stroke support group, the SCI mentorship program and amputee support group) and participated in several community-led events. Our staff’s rehabilitation expertise and true passion for rebuilding lives shines bright at these types of events.

### Parkinson’s Walk November 2022

Team REHAB participated in Hawaii Parkinson’s Association’s (HPA) first back-in-person event at Magic Island. We participated in HPA’s resource center along with 30 other community sponsors and vendors to provide support and raise awareness for Hawaii’s Parkinson community. This event is HPA’s primary fundraiser for people affected by Parkinson’s across our islands.

### Fall Prevention at Ho’opono Services for the Blind January 2023

Team REHAB members, Cheri Teranishi-Hashimoto and Nelson Oshiro, shared fall prevention and intervention tips with Ho’opono’s senior blind group. Falls are the leading cause of injury among older adults and impaired vision more than doubles this risk. Cheri and Nelson demonstrated proper techniques to get up from a fall and tips suggestions for ways to prevent falling. Ho’opono provides comprehensive and specialized services across the state to those who are blind, both deaf and blind or visually impaired.

### Adaptive Cycling Events March and July 2023

REHAB collaborated with our community partners, Adaptive Adventures and the VA Pacific Islands Health Care System, to hold free adaptive cycling events in March and July of 2023 at Kapiolani Park. REHAB’s adaptive cycling events are a safe space for our community with physical disabilities to experience the thrill of cycling and camaraderie alongside others who face similar challenges. With the support of Team REHAB, participants journey on adaptive cycling routes to exercise and enjoy the great outdoors. No matter the skill level, all are invited to join and embrace the adventure!

### Lanakila Meals on Wheels Volunteer Event August 2023

REHAB’s Leadership Team held a volunteer day with our neighbors, Lanakila Pacific to assist with meal packing for their Meals on Wheels program. Since 1971, this program has been Oahu’s only island-wide meal delivery service for seniors and individuals with disabilities.

### AccesSurf Volunteer Day September 2023

REHAB sponsored an AccesSurf Day at the Beach which provides ocean access for our community with disabilities. Team REHAB volunteered at the event to show our continued support. REHAB also partners with AccesSurf for our Adaptive Swim Clinics at the Nuuanu campus, and hopes to collaborate on more adaptive sports events in the future.

### Annual Oral Cancer Foundation Walk/Run for Awareness September 2023

Team REHAB joined oral cancer survivors, families and friends for the Oral Cancer Foundation’s 4th annual Oral Cancer Walk. This walk raises awareness for early detection of the fastest-growing cancer today, head and neck cancer. This walk was in honor of our very own Allen Waltermann and other REHAB staff members and their family members diagnosed with oral cancer.

**“I really wanted to thank everyone who supported me throughout the past year during my recovery. My continued involvement with the Oral Cancer Foundation brings awareness and hope for others.” –Allen**

The Oral Cancer Foundation (OCF) is a national public service, non-profit entity designed to reduce suffering and save lives through prevention, education, research, advocacy and support activities.



# Critical Impact Funds

## Supporting REHAB's Most Vital Needs

We truly appreciate all gifts of support for our patients and hospital! Sometimes we are asked what is the most important or greatest need of the hospital and the simplest reply comes in the form of these five recently created Critical Impact Funds. The funds support a specific area of need for our hospital and patients and collectively further our mission:



**The Care Fund**  
*Caring for Those with Few Resources*

The Care Fund helps our uninsured and underinsured patients receive financial support for their care. In FY 2023, REHAB provided financial assistance to over 1,100 patients and families, including under and uncompensated care at a total cost of over \$4,000,000.



**The Growth Fund**  
*Healing Spaces and Technology*

As a healthcare organization with three campuses across the state, we are continually working to maintain, upgrade and improve our facilities and equipment to better serve our patients. The Growth Fund supports renovations, construction, equipment and technology to aid our patients' recovery journey.



**The Heroes Fund**  
*Supporting Our Healthcare Heroes*

This special fund works to empower and equip our dedicated REHAB Team. By supporting our healthcare workers with employee education, recognition, training and personal protective equipment, the Heroes Fund ensures REHAB's staff is best prepared to provide high quality care.



**The Renewal Fund**  
*Healing the Spirit and Body*

REHAB's comprehensive approach to patient care focuses on the healing of a whole person-body, mind and spirit. The Renewal Fund supports programs like Art Therapy, Recreational Therapy, Pet Assisted Therapy and other Patient Experience programs which support our patients both physically and emotionally in their recovery.



**The Sharing Fund**  
*Helping Our Community Thrive*

The Sharing Fund provides support for REHAB's many community-focused programs like iCare-our research-based cancer rehabilitation program, REHAB Strong Classes, Pain Management, as well as our other community outreach, education and support initiatives. Sharing these impactful REHAB programs with our community helps people rebuild and improve the quality of their lives.

## REHAB Improvements

The Growth Fund, one of REHAB's Critical Impact Funds, is dedicated to creating healing spaces and funding valuable technology for our patients. Upgrades to REHAB's facilities are always rooted in improving the experience and outcomes for our patients and the community. In fiscal year 2023, we had the opportunity to upgrade and update several of our spaces and technologies with support from our donors' contributions to the Growth Fund.



### Exterior Painting of Nuuanu Campus

This year, we enhanced our space by giving the Nuuanu campus a fresh coat of paint! The hues of blue and gray cultivate a calming and serene environment. Given the age of our building, the facilities team and the painters encountered many challenges, but the results are beautiful.

### Gutter and Downspout Repairs

Our Nuuanu campus facilities team completed repairs to our gutters and downspouts that will protect our building from water damage and maintain its structural integrity. By efficiently collecting and redirecting rainwater away from your facility, these gutters will prevent issues such as flooding, foundation damage and landscaping erosion.

### Bed Communication Cables

Bed communication cables in the inpatient rooms at REHAB's Nuuanu campus were updated to ensure patient safety and rapid response in case of medical emergencies. Compromised cables can negatively impact communication between patients and nurse call systems, televisions and other room technologies.

### UVC Upper Air Sterilization

Through the Grant-in-Aid (GIA), UVC fixtures were installed throughout our Nuuanu campus to enhance safety and improve the environmental conditions for staff and visitors. These fixtures are designed specifically for upper air irradiation and have successfully been used to control the spread of airborne bacteria, contaminants, infection rates and illness.

## Summary of Support

Fiscal Year 2023  
Total Donations:  
**\$2,648,252**

Support for Critical  
Impact Funds:  
**\$1,235,090**

**Care Fund**  
\$260,000

Caring for those  
with few resources

**Sharing Fund**  
\$211,343

Helping our  
community thrive

**Growth Fund**  
\$702,000

Healing spaces  
and technology

**Renewal Fund**  
\$925

Healing the spirit  
and body

**Heroes Fund**  
\$60,822

Supporting our  
healthcare heroes

# Your Gifts In Action Fiscal Year 2023 (OCTOBER 2022 - SEPTEMBER 2023)

**8,055** Total Lives Impacted

1,342 patients admitted to REHAB Hospital  
6,713 patients received care at REHAB's Physicians Clinic and 3 Outpatient Clinics



**86.10%** of inpatients were discharged to their home or community

## About Our Patients *\*these figures represent inpatient diagnoses*



34%  
Strokes



15%  
Spinal Cord Injuries



10%  
Traumatic Brain Injuries



3%  
Amputations



28%  
Complicated Orthopedic Cases



3%  
Other Neurologic Cases



7%  
Other Disorders

## Signature Event 29th Annual REHAB Golf Challenge

On August 24, 2023, we invited golf lovers from all over the island to join us for the 29th Annual REHAB Golf Challenge Sponsored by First Hawaiian Bank. It was a sunny day filled with so much fun and friendly competition. Ono pupus were provided by our friends at Murphy's Bar & Grill, Rainbow Drive. In Kalihi, Asato Family Shop, Dave & Busters, Tiki's Grill & Bar, Shiro's Saimin Haven and Koha Foods throughout the courses for the golfers to enjoy! Some golfers even got the chance to take pictures with our very own therapy canine, Toby!

After a full day of competition, everyone came together to enjoy a delicious dinner provided by the Bird of Paradise Restaurant, received awards and celebrated REHAB's mission. Thank you to our event co-chairs, Neill Char and Buzz Wo, our sponsors, participants and all who helped to make this event. We brought in \$80,025.61 to support the REHAB Hospital and our patients!



# Special Thank You to Our FY 2023 Donors!

Mahalo to our many generous donors who choose to remain anonymous—your contributions are very greatly appreciated.

## ORGANIZATIONS

### \$200K+

McInerney Foundation

### \$100K+

Maurice & Joanna Sullivan Family Foundation

### \$25K+

First Hawaiian Bank Foundation  
Kosasa Foundation  
LGA Family Foundation  
Stanford Carr Development, LLC

### \$10K+

Danny Kaleikini Foundation  
Electricians, Inc.  
First Hawaiian Bank  
G.N. Wilcox Trust  
K.J. Luke Foundation  
Marshall and Yuko Hung Foundation  
Matson  
Nan, Inc.  
Shidler Family Foundation  
The Ben and Miriam Lau Foundation  
The Pettus Foundation  
The Poha Fund  
The Queen's Health Systems

### \$1K+

ABC Stores  
Air Central LLC  
Alexander & Baldwin  
Armstrong Produce, Ltd.  
Atlas Insurance Agency, Inc.  
Big Island Candies Foundation  
Castiglione A Casauria Foundation  
City Mill Company, Ltd./Chung Kun Ai Foundation  
Commercial Roofing and Waterproofing Hawaii, Inc.  
Edward Enterprises, Inc.  
Finance Factors Foundation  
First Insurance Company of Hawaii

Charitable Foundation  
Frank F. Woodford & Katharine L. Woodford Memorial Trust  
Grace & Richard Okita Foundation  
Hawaii Community Foundation  
Hawaii Medical Service Association  
HC&D, LLC  
Honolulu Builders, LLC  
Hung Wo & Elizabeth Lau Ching Foundation  
IBEW Local Union 1186  
ILWU Local 142  
Island Insurance Co., Ltd.  
J. Kadowaki, Inc.  
Jhamandas Watumull Fund

JK Family Foundation  
John & Kalowena Komeiji Family Fund of the Hawaii Community  
KAI Hawaii, Inc.  
Katayama & Associates, Inc.  
KMH, LLP  
Kobayashi, Sugita & Goda, LLP  
Koga Engineering & Construction, Inc.  
Laborers' International Union of North America, Local 368  
Landscape Hawaii, Inc.  
Latte Consulting, LLC  
Locations Foundation

Margaret Zane Bruhn Designated Fund  
MC3 Architects, LLC  
Mitsunaga Construction, Inc.  
Nordic PCL Construction Services, Inc.  
Oceanit  
Pacific Guardian Life  
R.M. Towill Corporation  
Robison Family Foundation  
Ronald N.S. Ho & Associates, Inc.  
Royal Contracting Co., Ltd.  
Servco Pacific Inc.  
Stan's Contracting, Inc.

Steven C. Ai Charitable Gift Fund  
Sueda & Associates, Inc.  
The Aja Group  
The Edwin S.N. Wong Foundation  
The United Association Plumbers and Fitters Local 675  
World of Feng Shui, Inc.

### \$250+

Costco Wholesale Hawaii Kai #120  
Xtermco Inc

### \$500+

D. Lau Family Fund  
Larry & Beatrice Ching Foundation  
See Dai Doo Society  
WTC Consulting LLC

## INDIVIDUALS

### \$10K+

Stephen & Gloria Gainsley  
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### \$1K+

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Stanford & Kathy Carr  
Paul & Sharon Chai  
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Patrick & Fanny Vyas  
Julie T. Watumull  
Buzz & Kitty Wo  
Michael & Cynthia Wo  
Wesley K. Yamamoto  
Patrick & Santa Marie Yim  
Caroline S.W. Young  
Robert Yu

### \$500+

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Barton & Diana-Lee Bunney  
Dwight Burdick  
Cherylee W.J. Chang  
Ryan Chun & Kara Kitazaki-Chun  
Clint & Suzy Churchill  
Michael Dau  
Lee Ann Errett  
Vern & Michele Goettsch  
Mildred D. Goo  
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Anna Kazuko Koide  
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Dale Ruff  
Gerald & Mae Saito  
Earl & Sandi Stoner  
Ivy Supattapone  
James & Judy Wilbert  
William & Georgina Yuen

### \$250+

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Newton & Ruth Akiona  
Richard & Ethel Anbe  
Mark S. Burgessporter  
Daniel Chang

Saichay Chantavy  
Lynette Char  
Patrick & Grace Duarte  
Rebecca Eldredge  
Frank P. Farm, Jr.  
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Cheryl Ann Young  
Fred & Eva Zane

# REHAB FOUNDATION

Rehabilitation Hospital of the Pacific Foundation  
226 North Kuakini Street • Honolulu, Hawaii 96817



Nonprofit Org.  
U.S. Postage  
PAID  
Honolulu, Hawaii  
Permit No. 1343

## REHAB's Mission

REHAB rebuilds lives together with individuals, families and communities by providing exemplary patient care services for those with physical and cognitive disabilities in Hawaii and the Pacific, utilizing a continuum of rehabilitation services that are advanced through education, technology and research.

## About REHAB Foundation

The Rehabilitation Hospital of the Pacific Foundation was established in 1984 solely to support the Rehabilitation Hospital of the Pacific, its programs and patients. Gifts from the community allow the REHAB Foundation to enrich and enhance the rehabilitation experience for patients. Funding provides vital support for medical equipment purchases, scholarships, patient care programs and capital improvement projects all with one goal in mind: to maximize each patient's recovery.



foundation@rehabhospital.org  
(808) 566-3451  
rehabhospital.org/foundation

*Dedicated*  
to Rebuilding Lives