REHAB Hospital of the Pacific

2027 CALENDAR

featuring art from

shared with you by the

REHAB FOUNDATION

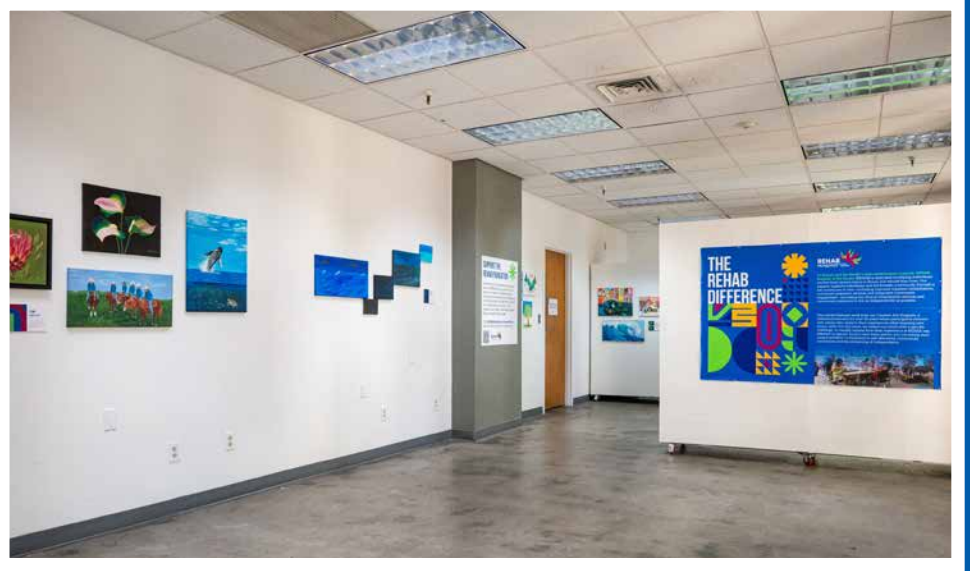
THE REHAB DIFFERENCE

A REHAB HOSPITAL OF THE PACIFIC ART EXHIBITION



THE REHAB DIFFERENCE

In the summer of 2026 at Downtown Art Center, *The REHAB Difference* brought together former patients, families, staff and community members to celebrate the transformative journeys of healing, growth and independence experienced by REHAB's Creative Arts Program participants.



A 30-YEAR LEGACY OF HEALING

For more than three decades, REHAB's Creative Arts Program has served as a cornerstone of recovery for patients rebuilding their lives. It's more than just a traditional art class — it's a celebrated community resource where individuals recovering from life-altering injuries or illnesses find new artistic skills, rebuild fine motor abilities, and most importantly, reconnect with themselves and others.

Last year, the program presented a unique and meaningful challenge for its artists: *Visually express what made your experience at REHAB special.*

> *The exhibition's theme directly reflects what sets the hospital apart in the healthcare landscape. As Hawaii and the Pacific's only inpatient rehabilitation hospital, REHAB provides a significantly higher level of intensive medical rehabilitation compared to skilled nursing facilities (SNFs) or other healthcare providers.*

	THERAPY	PHYSICIAN OVERSIGHT	NURSING CARE	CARE TEAM	OUTCOMES	BEST FOR
REHAB Hospital	**Required: 3+ hours/day,** 5 days/week (or 15 hours/week)	Rehab doctor sees patients **at least 3x/week,** often daily	**24/7 RN care** with **rehab training, including Certified Rehabilitation RNs**	Full team: rehabilitation doctors, medical consultants, therapists, nurses, care coordinators and more	Higher chance of **returning home** and regaining independence	Those recovering from **stroke, brain and spinal cord injury, major surgery**
Skilled Nursing Facility (SNF)	Generally 1-2 hours maximum. Don't have same intensive therapy requirements	Physician or non-physician providers are only required to see patients once every 30 days in the first 90 days	24/7 nursing care, with significantly fewer licensed nurses	Tend to have less diverse teams with limited coordination	Lower recovery speed, higher risk of readmission	Those needing **ongoing care** but **less intense therapy**

THROUGHOUT THE YEAR, DISCOVER THE MEANINGFUL IMPACT REHAB MADE IN THE LIVES OF EACH FEATURED ARTIST.





MAHALO TO OUR ARTISTS

To all the incredible artists who poured their hearts into this exhibition, thank you for sharing your journey with us. Your courage and creativity continue to inspire everyone who walks through the doors of REHAB.

Wayne Abe
Jeannine Hippchen-Pereira
Elsie Hu
Sabrina Montgomery
Michael Montayre
Betsy Nakasone
Norma Oshiro
Tracey Jo Saiki
Carrie Talwar

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CARRIE TALWAR

Stroke Survivor
9 years in Creative Arts Program

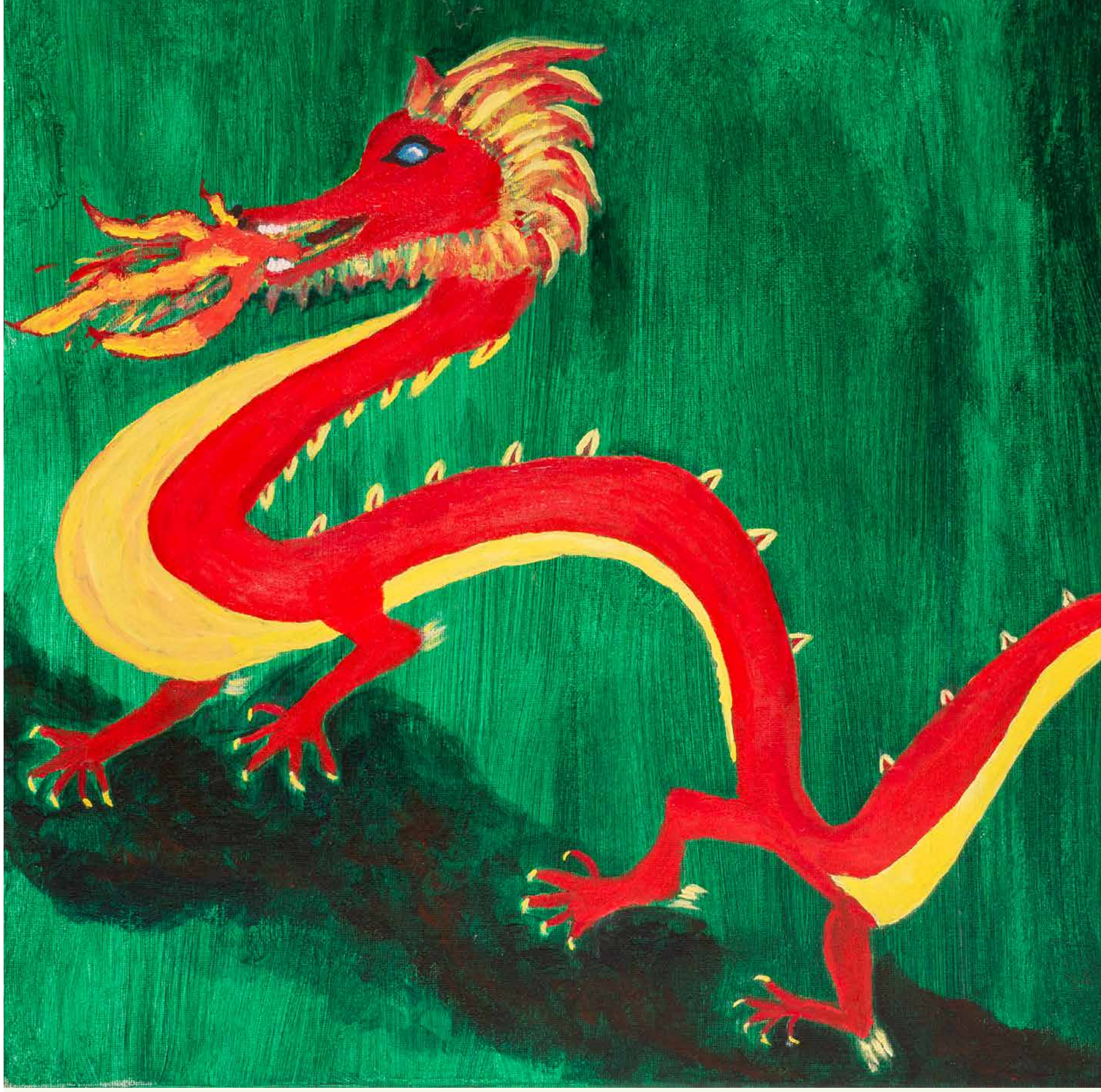
"The Creative Arts Program has become a vital part of my healing journey. It is a welcoming space that I look forward to visiting every week. Thank you for providing a place where healing and creativity come together."

JANUARY 2027

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31 NEW YEAR'S EVE	1 NEW YEAR'S DAY	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 MARTIN LUTHER KING JR. DAY	19	20	21	22	23
24 31	25	26	27	28	29	30

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ELSIE HU

Stroke Survivor
12 years in Creative Arts Program

"My time at REHAB, from inpatient care through outpatient rehabilitation services, has truly extended my life and strengthened my recovery after stroke."

National Recreational Therapy Month

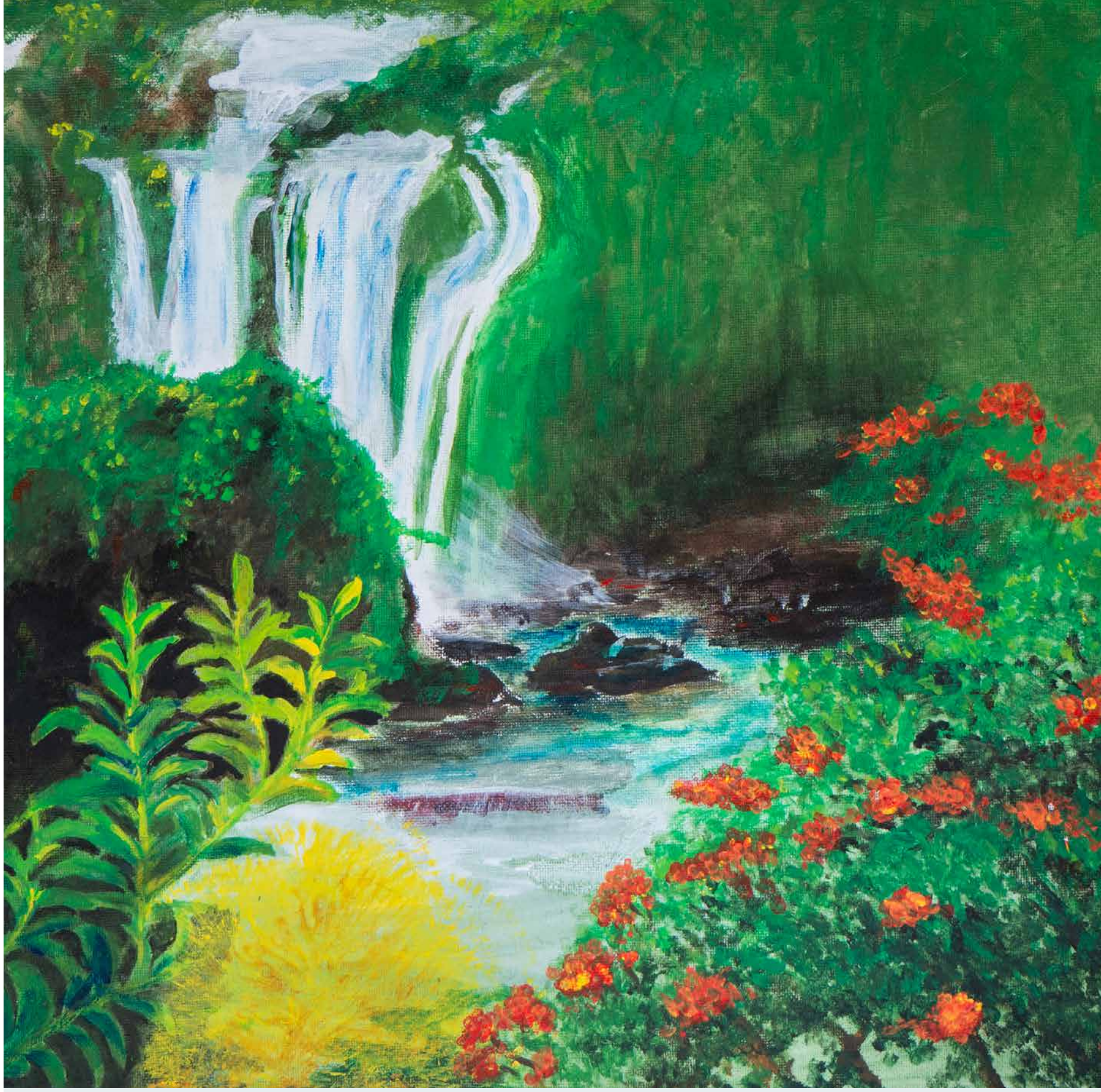
National Recreational Therapy Month celebrates and raises awareness about the benefits of recreational therapy. From gardening to music, the recreational therapy program at REHAB incorporates patients' passions into their recovery so they can continue to engage in activities that bring fulfillment to their lives.

FEBRUARY 2027

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14 VALENTINE'S DAY	15 PRESIDENTS' DAY	16	17	18	19	20
21	22	23	24	25	26	27
28	1	2	3	4	5	6

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WAYNE ABE

Osteogenesis Imperfecta
20 years in Creative Arts Program

"Painting at REHAB has helped me focus on life. I'm enjoying my future and can't wait for my next class."

Brain Injury Awareness Month

Brain Injury Awareness Month raises awareness about brain injuries, specifically traumatic brain injuries (TBI). REHAB provides comprehensive and individualized plans for TBI patients that use an interdisciplinary team approach and work closely with patients and their families/ caregivers.

National Doctors' Day

National Doctors' Day honors physicians' dedication, skill and unwavering commitment to providing high-quality healthcare to individuals and communities worldwide. Today, we celebrate REHAB's physiatrists who help patients overcome impairments, restore physical functionality and increase patients' quality of life.

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MARCH 2027

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17 ST. PATRICK'S DAY	18	19	20
21	22	23	24	25	26 GOOD FRIDAY	27
28 EASTER SUNDAY	29	30 NATIONAL DOCTORS' DAY	31	1	2	3

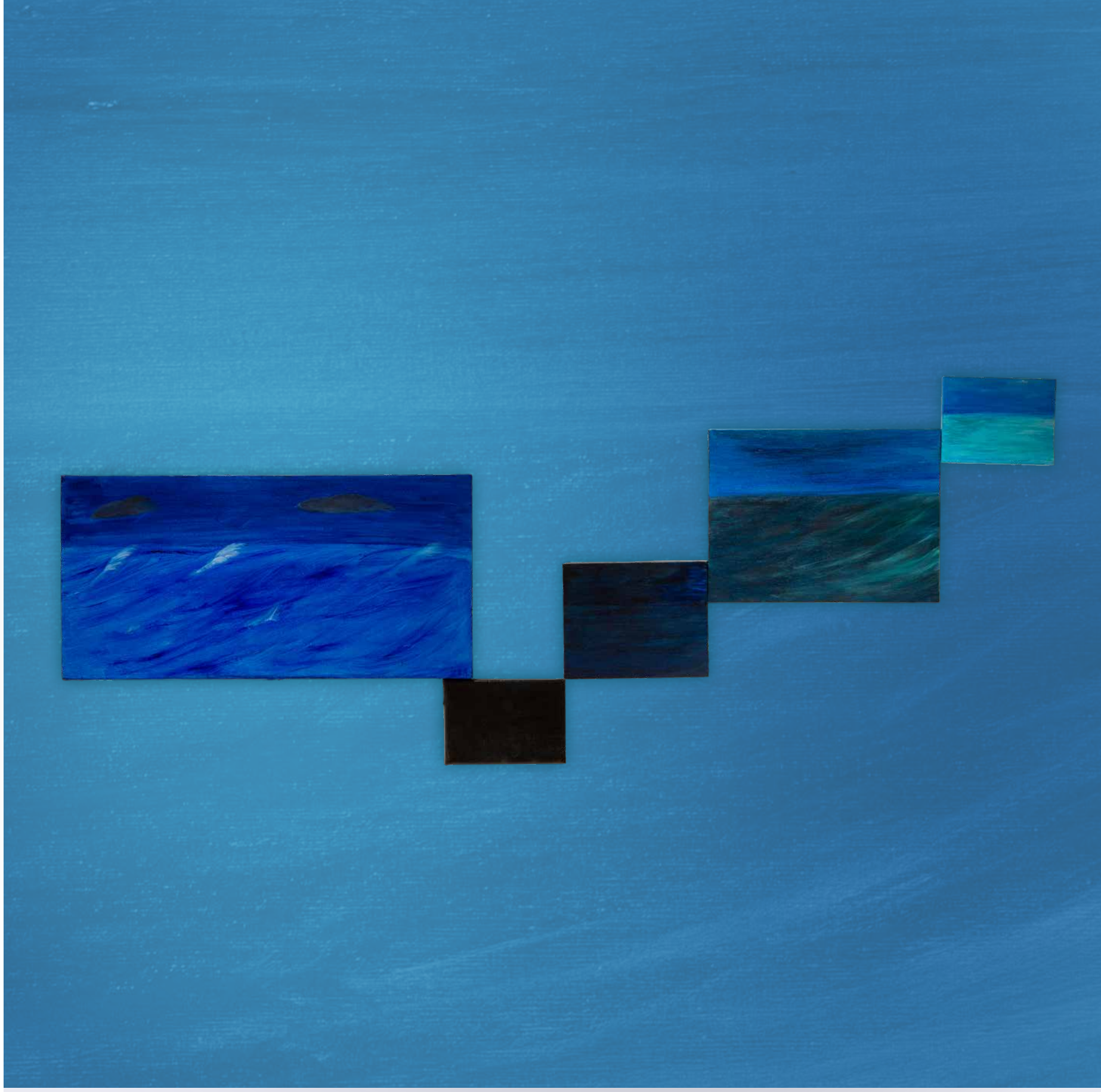
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JEANNINE HIPPCHEN-PEREIRA

Orthopedic Injury
1 years in Creative Arts Program

"When I felt lost, hopeless, and alone, everyone at REHAB treated me like family and was always ready with a much-needed hug. When you are at your lowest, know there are people who will help and that things will get better. Life does go on — just in a slightly different form."



Occupational Therapy Month

Occupational Therapy Month celebrates occupational therapists (OTs) who help people with injuries, illnesses and disabilities improve their ability to perform daily tasks. REHAB's OTs creatively incorporate patients' lifestyle goals and interests (like cooking, shopping, fishing and more!) into their treatment plans.

Limb Loss and Limb Difference Awareness Month

Limb Loss and Limb Difference Awareness Month is an opportunity to celebrate wins, share encouragement and hear stories of our community members with limb loss or limb differences. REHAB is proud to offer not only inpatient and outpatient services for people with limb loss or differences, but also support groups and specialized community events.

National Volunteer Week

National Volunteer Week serves as a reminder to thank healthcare volunteers for their commitment and compassion for patients, staff and the community. REHAB's Volunteer and Student Affiliation Program is designed to support the development of future professionals by providing shadowing experiences in a real-world clinical environment. From therapy assistance to the Creative Arts Program and special events, REHAB's volunteers are an important part of our team.

APRIL 2027

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 EASTER SUNDAY	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15 TAX DAY	16	17
18	19	20 VOLUNTEER Week	21	22	23	24
25	26	27	28	29	30	1

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ELSIE HU

Stroke Survivor
12 years in Creative Arts Program

"My time at REHAB, from inpatient care through outpatient rehabilitation services, has truly extended my life and strengthened my recovery after stroke."

National Stroke Awareness Month

National Stroke Awareness Month raises awareness about the signs and risks of strokes as well as health and lifestyle advice for stroke prevention. REHAB's Stroke Support Group is a monthly opportunity for stroke survivors and their families to gather and support one another.

National Nurses Week

National Nurses Week recognizes and celebrates the hard working nurses at REHAB and beyond. REHAB's nursing team plays an integral part in making our mission a reality for Hawaii's community. They provide exceptional care and support that allows our patients to focus on their rehabilitation therapies and get back to living their lives to the fullest.

National Speech-Language Pathologist Day

National Speech-Language Pathologist Day recognizes the important work of speech-language pathologists (SLPs). REHAB's SLPs work with patients to regain their speech and/or ability to swallow.

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MAY 2027

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28	29	30	1
2	3	4	5 CINCO DE MAYO	6 NURSES Week	7	8
9 MOTHER'S DAY	10	11	12	13	14	15
16	17	18 NATIONAL SPEECH-LANGUAGE PATHOLOGIST DAY	19	20	21	22
23	24	25	26	27	28	29
30	31 MEMORIAL DAY					

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BETSY NAKASONE

Orthopedic Condition/Injury
2 years in Creative Arts Program

"I encourage anyone who is contemplating joining the Creative Arts Program to do so immediately! The benefits are stress relief, lasting friendships and a true sense of accomplishment."

JUNE 2027

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31 MEMORIAL DAY	1	2	3	4	5
6	7	8	9	10	11	12
13	14 FLAG DAY	15	16	17	18	19 JUNETEENTH
20 FATHER'S DAY	21	22	23	24	25	26
27	28	29	30	1	2	3

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MICHAEL MONTAYRE

Stroke Survivor
2 years in Creative Arts Program

"I love the art program and being part of this community. REHAB has given me so much support. Whether I'm painting or out doing adaptive sports and cycling, I am learning to use my non-dominant hand and improving my speech. My family is my everything, and they've been with me every step of my recovery. YESSAH!"

Americans with Disabilities Act (ADA) Anniversary

REHAB is proud to recognize the anniversary of the Americans with Disabilities Act, honoring decades of progress in accessibility, inclusion and equal opportunity for all individuals.

JULY 2027

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
4 INDEPENDENCE DAY	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26 AMERICANS WITH DISABILITIES ACT (ADA) ANNIVERSARY	27	28	29	30	31

REHAB FOUNDATION

SABRINA MONTGOMERY

Orthopedic Injury and Reconditioning
4 years in Creative Arts Program

"Water has been my healing therapy and a key part of regaining mobility. Nicole and Lily guided me through aqua therapy and group swim classes, helping me prepare for surgery, recover from complications and rebuild strength."



AUGUST 2027

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

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TRACEY JO SAIKI

Stroke Survivor
12 years in Creative Arts Program

"The specialized Speech-Language and Psychology teams helped me rebuild the communication skills I once relied on, working in public affairs and as a Lieutenant Colonel in the Air Force. This intensive, structured support was critical in regaining my voice and helping my family process the life changes that follow a stroke."

National Spinal Cord Injury Awareness Month

National Spinal Cord Injury Awareness Month aims to educate the public about spinal cord injuries, improve support and honor the courage of those living with spinal cord injuries. REHAB employs a roster of innovative technology specifically designed to assist with spinal cord injury rehabilitation.

National Rehabilitation Awareness Week

National Rehabilitation Awareness Week recognizes the dedication and outstanding services provided by rehabilitation professionals. At REHAB, we celebrate all week long with special awards and events to thank Team REHAB for their commitment to rebuilding lives.

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SEPTEMBER 2027

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
5	6 LABOR DAY	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23 REHAB *Week*	24	25
26	27	28	29	30	1	2

REHAB FOUNDATION



SABRINA MONTGOMERY

Orthopedic Injury and Reconditioning
4 years in Creative Arts Program

"Water has been my healing therapy and a key part of regaining mobility. Nicole and Lily guided me through aqua therapy and group swim classes, helping me prepare for surgery, recover from complications and rebuild strength."

National Breast Cancer Awareness Month

National Breast Cancer Awareness Month aims to promote screening for and prevention of the disease. REHAB's iCARE program is the first and only cancer rehabilitation program in Hawaii.

National Physical Therapy Month

National Physical Therapy Month recognizes the important work of physical therapists as well as the benefit of physical therapy for the public. Physical therapists at REHAB are trained specifically to help patients affected by stroke, traumatic brain injury, spinal cord injury, complicated orthopedic cases, amputations and more.

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OCTOBER 2027

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11 DISCOVERERS' DAY	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31 HALLOWEEN						

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NORMA OSHIRO

Osteoporosis
14 years in Creative Arts Program

"Through Dr. Muraoka's dedicated care and precise pain management, I was able to reclaim my mobility and independence after years of unbearable pain. The program helped me find a way to distance myself from daily physical challenges, and I am forever grateful for the treatment that allowed me to enjoy life again."

Chronic Obstructive Pulmonary Disease (COPD) Awareness Month

COPD Awareness Month aims to improve treatment for the disease and educate the public about COPD. REHAB's Pulmonary Recovery Circuit Program is specifically designed to help participants with COPD and other respiratory illnesses build confidence in their breathing and increase stamina as well as overall fitness.

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NOVEMBER 2027

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 HALLOWEEN	1	2 ELECTION DAY	3	4	5	6
7	8	9	10	11 VETERANS DAY	12	13
14	15	16	17	18	19	20
21	22	23	24	25 THANKSGIVING DAY	26	27
28	29	30 GIVING TUESDAY	1	2	3	4

REHAB FOUNDATION



TRACEY JO SAIKI

Stroke Survivor
12 years in Creative Arts Program

"The specialized Speech-Language and Psychology teams helped me rebuild the communication skills I once relied on, working in public affairs and as a Lieutenant Colonel in the Air Force. This intensive, structured support was critical in regaining my voice and helping my family process the life changes that follow a stroke."

DECEMBER 2027

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30 GIVING TUESDAY	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24 CHRISTMAS EVE	25 CHRISTMAS DAY
26	27	28	29	30	31 NEW YEAR'S EVE	1 NEW YEAR'S DAY

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About REHAB Hospital of the Pacific

As Hawaii and the Pacific's only inpatient rehabilitation hospital, REHAB Hospital is dedicated to helping individuals recover from serious injury or illness and rebuild their lives. Our approach goes beyond medical treatment by strengthening the entire support system — including caregivers, families, and the broader community — to help patients achieve the highest level of lifelong independence. REHAB Hospital's mission supports individuals and the broader community through a full continuum of care — including intensive inpatient rehabilitation, continued outpatient services, and integrated community engagement — providing the clinical rehabilitative services and community resources to live as independently as possible.

About REHAB Hospital of the Pacific Foundation

The Rehabilitation Hospital of the Pacific Foundation (REHAB Foundation) was established in 1984 solely to support the Rehabilitation Hospital of the Pacific, its programs and patients. Gifts from the community allow the REHAB Foundation to enrich and enhance the rehabilitation experience for patients. Funding provides vital support for medical equipment purchases, professional development, patient care programs and capital improvement projects, all with one goal in mind: to maximize each patient's recovery.

REHAB FOUNDATION

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