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ANNUAL REPORT OCTOBER 2020 - SEPTEMBER 2021



\*Please note that some photos were taken prior to COVID-19.











"I am so grateful for everyone at REHAB, every therapist, doctor, nurse and staff member was patient and loving. The support I received was instrumental in my progress and return to my life before my accident."

Jackie Meggs. **TBI Survivor & Big Island Resident** 

### Mission

REHAB rebuilds lives together with individuals, families and communities by providing exemplary patient care services for those with physical and cognitive disabilities in Hawaii and the Pacific, utilizing a continuum of rehabilitation services that are advanced through education, technology and research.

### Core Values

Team REHAB works together to provide the best rehabilitative care to our patients and their families. These core values are at the HEART of the work we do everyday.

1	HONESTY Speak and act with truth an
	ENGAGEMENT
	Embrace and commit to ou
1	<b>ALOHA</b> Serve others with a spir
	RESILIENCE
S	Rebound and recover with a
Г	<b>TEAMWORK</b> Work together for success
	work together for success

and respect

our mission, vision and values

pirit of kindness and compassion

h a sense of urgency

**REHAB** Hospital of the Pacific » Year in Review

### A Year In Review

From October 2020 to September 2021

### Who We Serve



### 1,551 inpatients admitted to REHAB Hospital

27,522 sessions at REHAB's Physicians Clinic and 3 Outpatient Clinics

# **91.1%** of inpatients were discharged to their home or community

Return to home/community national average is 79.9%



"I love being a part of Team REHAB because we all play a role in helping the people we serve."

Bradley Ponce, **Business Continuity** & User Provision **Analyst at REHAB** 

### A Message from President & CEO and Chairman of the Board

Aloha and thank you for your ongoing support of REHAB. As Hawaii's leader in premier hospital-level rehabilitation, we're proud to continue our mission of rebuilding lives together with individuals, families, and our community through our exceptional programs and services. As the pandemic took center stage, Team REHAB continued to persevere as we directly impacted over 5,500 lives throughout the fiscal year (Oct. 20-Sept. 21).

The theme of this annual report is "We are REHAB," which recognizes everyone, including patients and their families, donors, volunteers, community partners, and our incredible employees, as a part of Team REHAB. We all have a role to play in providing a critical service for our community, and through our harmony, dedication and hard work, REHAB is able to perform the important work that we do. We are so grateful and look forward to continued partnerships and collaboration as we engage the bright future ahead.

At this time, we would like to recognize two members of Team REHAB who have moved on:

#### Dr. Timothy Roe (former President and CEO)

Susie Gabriel (former Vice President of Clinical Services and Chief Nursing Officer)

Both Dr. Roe and Susie have been strong pillars of leadership within our organization and community. Their impact will continue to benefit our patients and their families for generations to come, and they will always be a part of Team REHAB. We thank and wish them all the best.



In the following pages are inspirational stories of members of Team REHAB, everyday people working together to accomplish extraordinary things for our community. Throughout this report you will see photos and quotes from our patients, staff, board members and others who truly make REHAB the wonderful place that it is.

Thank you for being a part of our team and joining us on the journey ahead.

Mahalo.





President & Chief Executive Officer REHAB Hospital of the Pacific



**Glenn Sexton** Chairman of the Board President of Xerox Hawaii

### **REHAB** Strong



"iCare was a turning point in my life and I wouldn't be where I am today without REHAB."

### (ynn Taguma, **Breast Cancer Survivor**

### When I walk into REHAB, I feel like I'm in my second

**home.** This place has been a part of my life for nearly a decade and I keep coming back because of the awesome people and important role REHAB played in my recovery journey.

I first started going to REHAB after surviving breast cancer. After undergoing cancer treatment, I joined REHAB's iCare cancer exercise study, which offers free personalized training and evaluates the impact of exercise on the health, fitness, and quality of life of cancer survivors like me.

The experience was rewarding in so many ways. I bonded with other cancer survivors and built lasting connections with REHAB and the caring and knowledgeable therapists who work there. The staff became like family to me and I wouldn't be where I am today without them.

Through iCare, REHAB gave me hope and a path forward. In the program, I was able to safely

progress from having trouble walking down a hallway to walking around a city block. It seems like such a simple thing, but it was an incredible milestone for me. My participation in the iCare study also meant so much to me because it was an opportunity to give back to the next generation of cancer survivors.

My therapy needs have changed since iCare, but I'm so glad I get to continue my REHAB journey with REHAB Strong classes. I love the staff and their programs so much that I drive all the way from Sunset Beach–sometimes fighting traffic for hours-to be there for weekly classes.

Today, I am healthy, strong and enjoying retirement. I am forever grateful to REHAB for supporting me after breast cancer and welcoming me to this remarkable community.







## Rebuilding Lives Together



"There's no feeling like seeing our patients walk out of a session being like wow, this is incredible and I have hope."

### Fricka Saito. **REHAB Physical Therapist**

### As a physical therapist at **REHAB**, helping patients succeed is my greatest joy.

Whenever I walk with a patient after their session, I feel an overwhelming sense of accomplishment. Not only am I able to help people, but I'm able to do this important work in a place that's special to me.

REHAB is special to me for so many reasons. I am an Oahu girl and I know how valuable it is to have a place like REHAB right in our community. I had the opportunity to go away to the Mainland for college and grad school, but I knew I wanted to come home for work. REHAB gave me an opportunity to do so. Finally, closest to my heart, I was an outpatient intern at REHAB and it introduced me to this amazing place and further inspired me in my career path.

As an intern, I had the privilege of working with Cheri Teranishi-Hashimoto, REHAB's Therapy Director and Program Director of Women's Health & Cancer

Rehabilitation, and the team of professionals who are experts in their field. Cheri was a mentor to me. She has a wealth of knowledge and changes patients lives with her expertise, knowledge and kindness. That guidance was a huge part of the reason I wanted to work at REHAB.

I'm proud of the work we get to do every day. I work with patients on pelvic floor, orthopedic, and pulmonary recovery therapy and see the impact we make on patients' health and recovery. All of our services make a huge difference for people and I'm grateful that I'm able to support the community in the work that we do together.



### Our Promise to You

**COVID-19** brought challenges to our meet the needs of our community, while keeping entire community, but together we everyone who enters any REHAB facility as safe **persevered.** At REHAB, our masks and face as possible. We've already started this important shields can't hide our gratitude for your support work. In late 2021, we launched our Pulmonary in the important work that we do. Throughout Recovery Circuit Program, which helps with the recovery from respiratory illnesses like COVID-19. the pandemic, we remained dedicated to rebuilding lives, while keeping our patients as safe We've also started a phased reopening of our wellness programs, including group exercise as possible. During that time, we saw amazing examples of resilience and recovery. Patients sessions and the Wesley Park Art Program. We who thought they might never walk again took look forward to not only bringing back programs, their first steps. Others regained the ability to but also expanding on our services to better read, write and do daily activities that are so easily serve our community. taken for granted.

We can't do this work alone, and we thank everyone on Team REHAB, including employees, patients and their families, volunteers, community partners and supporters, and everyone in between. Together, we are REHAB and it takes all of us, working in harmony to maximize the recovery potential for our patients. Although the past two years have been difficult at times, together, looking back, we have so much to be proud of.

As we all band together in pursuit of our "new normal," our promise to you is to continue to provide the highest level of rehabilitative care to



"My role helps me assist in the safety of our personnel and patients, which is especially important during the pandemic so that people can get back home and to their loved ones safely."

Michael Dowell, Nurse Manager, Infection Prevention & Wound Care

Thank you for being a part of Team REHAB and for your support and dedication in rebuilding lives. We are so appreciative to have so many wonderful people joining us on the journey ahead.

With aloha, **REHAB's Leadership Team** 

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"It felt really good when I was able to walk again. It showed me that my recovery was possible-normal life was possible again."

### David Togami, **SCI Survivor &** Pearl City High School Graduate





#### At REHAB, we are committed to providing extraordinary care to our patients and their families.

Generations of our donors have helped to ensure world class rehabilitative care right here in Hawaii. There are many ways to make a life-changing gift to support REHAB. Your gift to REHAB invests in the one place that can address the

unexpected challenges individuals face when suddenly confronted with limits in ability. You will support the technology, specialized resources and talented expertise needed to provide optimal rehabilitation.

One hundred percent of all gifts stay in Hawaii to support REHAB's mission. Gifts are tax-deductible and directed for the purposes specified by the donor. Gifts can be made by cash, check, credit card, wire and electronic fund transfer, stock and mutual funds, and non-cash assets.

To make a gift, use the QR code below or visit rehabhospital.org/ fdn-donate.



## Leadership & Board Members

### Executive Leadership

Stephanie Nadolny, MHA, FACHE President & Chief Executive Officer (CEO)

Wendy Manuel Officer (COO) & Chief Financial Officer (CFO)

#### Shari Ann T. Oshiro, M.D. Vice President, Chief Medical

Officer (CMO)

Vice President, Chief Operating

### Lori Yoshioka Vice President, Chief Human

Resources Officer (CHRO)

### Hospital Board of Directors

### Officers

**Glenn O. Sexton** Chairman of the Board President of Xerox Hawaii Directors

#### Cherylee Chang, M.D., FACP. FCCM. FNCS Division Chief, Neurocritical

Kevin S.C. Chang Vice Chair of the Board United States Magistrate Judge

Care Professor of Neurology Duke University Department of Neurology

### Lynne K. Madden

Secretary Retired, President, CEO & Chairman of the Board of The Madden Corporation

**Jennifer Isobe** Treasurer Principal, KKDLY CPAs LLC

### **Neill Char** Executive Vice President -

Commercial Banking Group -First Hawaiian Bank

William Crowley

Director of MidPacific Asset Advisors, LLC

### **Keith Gendreau**

Michael W. Perry President and Founder of East Perry and the Posse Show on Pacific Investment Company, KSSK Inc



"Being a member of the Hospital and Foundation boards has been a very rewarding experience. My participation is even more meaningful as my oldest son was once seriously injured while surfing and went to REHAB to support his recovery. I've learned firsthand how special this place is and I'm honored to be involved with such an important and vital organization."

Keith Gendreau,

**REHAB Hospital Board Director** 

**Glenn Requierme, MBA** Chief Information Officer (CIO)

Lori Suan Chief Development Officer (CDO)

#### Other Officers

Kurt Kobashigawa Safety Officer

**Patrice Jackson** Privacy Officer

Aeri Tilker Compliance Officer

Ronald N. S. Ho Chairman, Ronald N. S. Ho & Associates

**Cory Kubota** Partner, Accuity LLP

> Benjamin A. Kudo Ashford & Wriston LLC

**Bryan Luke** President and Chief Executive Officer of Hawaii National Bank

Janice Luke Loo Civic Leader

Huidy Shu, M.D., Ph.D Chief of Medical Subspecialties, Hawaii Pacific Health Medical Group (HPHMG)

Patrick K. Sullivan, Ph.D CEO & Founder of Oceanit

Laurie K. S. Tom, M.D. Endocrinologist

Michael J. Wo President, Owner of C. S. Wo & Son's Ltd

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# About REHAB Hospital

Rehabilitation Hospital of the Pacific (REHAB) is a premier acute care rehabilitation hospital dedicated to providing the highest quality comprehensive and innovative inpatient and outpatient rehabilitation services. Specially designed programs include stroke, traumatic brain injury, spinal cord injury, orthopedics, amputee, and general rehabilitation. Since 1975, REHAB has operated as a nonprofit organization aimed to rebuild lives by focusing on the individual, family, and community; advanced through education, technology and research.

For more information, visit rehabhospital.org.

### Connect with us!

@REHABHospitalPacific
@REHABhospital
Rehabilitation Hospital of the Pacific



### **REHAB Hospital of the Pacific**

226 North Kuakini Street Honolulu, Hawaii 96817 Ph: (808) 531-3511

#### **REHAB** Foundation

226 North Kuakini Street Honolulu, Hawaii 96817 Ph: (808) 566-3451

**Physicians Clinic** 

226 North Kuakini Street Honolulu, HI 96817 Ph: (808) 544-3325

#### **REHAB** at Nuuanu

226 North Kuakini Street Honolulu, Hawaii 96817 Ph: (808) 544-3310

#### **REHAB** at Aiea

Pearlridge Center - Pearlridge Downtown 98-1005 Moanalua Road, Suite 425 Aiea, Hawaii 96701 Ph: (808) 486-8000

#### **REHAB** at Hilo

76 Puuhonu Place Hilo, Hawaii 96720 Ph: (808) 961-5776